

PYRIDOXINE

Generic name: Pyridoxine (peer-a-DOKS-sin)

Common brand names: Hexa-Betalin, Vitamin B6

REASONS FOR USE OF THIS MEDICATION

Pyridoxine is a B vitamin used by patients who are taking Isoniazid (INH) (a tuberculosis medication) to replace pyridoxine loss. It is also used to prevent inflammation of nerve endings.

Pyridoxine will help prevent numbness and tingling in your fingers and toes (peripheral neuropathy) that can be caused by INH.

PROPER USE OF THIS MEDICATION

It is very important that you do not take more than the recommended daily amount of Pyridoxine.

Pyridoxine should be stored away from heat and direct light. Do not store it in a bathroom medicine cabinet because heat or moisture may cause the medicine to break down.

Tell your doctor and pharmacist what prescription and non-prescription medications you are taking, especially levodopa (Larodopa, Sinemet), phenobarbital, phenytoin (Dilantin), and other vitamins.

Pyridoxine may cause some undesirable symptoms

Notify your physician if any of the following symptoms persist:

- clumsiness
- numbness of hands or feet

HELPFUL HINTS:

- All pregnant and breastfeeding women taking Isoniazid should be taking Pyridoxine.
- Common side effects include nausea, headaches and drowsiness.
- Keep all medications out of the sight and reach of children

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