

June 23, 2023

OPIOID/DRUG SAFETY UPDATE

In follow up to the increase in drug-related deaths in York Region at the end of April 2023, York Region Public Health has received information from York Regional Police on nine samples of substances found at the scenes that were submitted for analysis. The results showed Fentanyl, Bromazolam, para-Fluorofentanyl, Cocaine and Xylazine among other substances and contaminants.

Please exercise extreme caution when obtaining drugs from the unregulated supply.

Remember:

- **Carry naloxone**
 - Naloxone only works on opioids. However, naloxone should be administered to a person experiencing an overdose to reverse the effects of any opioids that may be present in the substance
 - Additional doses of naloxone may be needed to reverse an overdose as potent opioids are being found in the unregulated drug supply. Call 1-877-464-9675 X 76683 or email substance@york.ca to get naloxone kit(s)
- **A buddy system is safer than using alone.** Use substances with someone else and take turns spotting for one another
 - If you're alone, consider reaching out to the **National Overdose Response Service** (1-888-688-6677). This service will support you over the phone and call 911 if needed
 - Visit your closest [Supervised Consumption Service](#)
 - If possible, follow the most up-to-date Public Health COVID-19 guidance at york.ca/covid19
- Before using, **ask others about what they are experiencing** with the same drug or batch

If you are feeling depressed, lonely, anxious, scared, angry, or have other mental distress, call **310-COPE** at **1-855-310-2673** or (TTY) **1-866-323-7785**.