

April 7, 2021

Warning

DRUG/OPIOID SAFETY

For the week ending April 4, 2021, there was a higher than expected number of opioid-related calls to Paramedic Services. Additionally, emergency department visits for suspected drug overdoses in York Region have seen an increase this week compared to last week.

Reminder: Use substances with someone looking out for you, in person (six feet apart) or over the phone. The services below will support you over the phone and call 911 if needed:

The Krasman Center's Safer Use Peer Support Line (1-888-233-5633)

Grenfell Ministries National Overdose Response Service (1-888-688-6677)

Also:

- If you are with someone who has overdosed, call 911 immediately
- Before using, ask others about what they are experiencing with the same drug or batch
- Carry naloxone
 - Call York Region Public Health for naloxone and other harm reduction supplies at 1-877-464-9675 ext. 76683

Signs of an opioid overdose:

- Not able to wake up or limp
- Slow or no breathing
- Blue or grey lips or nails
- Tiny pupils or eyes are rolled back

If you notice any of these signs, give naloxone and call 911

If you are feeling depressed, lonely, anxious, scared, angry, or have other mental distress, call **310-COPE** at 1-855-310-2673 or (TTY) 1-866-323-7785.

Report a bad reaction to drugs or overdose concerns to York Region Public Health at [York.ca/ReportBadDrugs](https://york.ca/ReportBadDrugs).

PUBLIC HEALTH
york.ca/opioids