How Violence Affects Children

ISOLATION Inability to develop social skills. Feeling alone and different. Fear of doing wrong.

Feeling alone and different.

Can't have friends over because of the need to hide the violence.

> Keeping harmful "secrets". Not trusting of adults.

Fear of doing wrong.

Inconsistent limits and expectations by caregiver.

Fear of expressing feelings.

Inability to learn atschool. Low self-esteem.

PHYSICAL & MENTAL EFFECTS

Children may feel guilt & shame, think it's their fault.

May regress to early stages of development.

Demanding & withdrawn.

Crave/need.

Cranky, crabby kids.

Violence Affects Children **SEXUAL STEREOTYPING**

How

Copy abuser's dominant and abusive behaviour.

Copying victimised passive and submissive behaviour.

INTIMIDATION

using looks, loud actions, loud gestures,

Putting children in fear by:

loud voice, smashing things,

destroying property.

Fear of physical safety.

Unable to express feelings or who they are.

THREATS

Learn to manipulate because of their own safety issues due to the effects of violence in the family.

Expressing anger in a way that is violent,

SEXUAL ABUSE

Shame about body.

Feeling threatened & fearful of their sexuality.

Learning inappropriate sexual talk, behaviour.

Children having access to

pornographic magazines and movies.

USING CHILDREN

Being put in the middle of fights.

Children may take on responsibilities of parents & give up being children.

Expressing anger in a way that is violent, abusive, or not expressing anger at all because of their own fear.

Children seen and not heard.
Children being used to solve conflicts, asking them to take sides.

