

**Speech & Language
18 to 24 Months**

Rhyme

Zoom Zoom Zoom

(As a lap rhyme)

Words

Actions

Zoom Zoom Zoom
We're going to the moon

*Hold your child's hands and move From side to side,
Lift knees on "moon"*

Zoom Zoom Zoom
We're going to the moon

Repeat

If you want to take a trip
Climb aboard my rocket ship

*Keep moving
Put your arms around child*

Zoom Zoom Zoom
We're going to the moon

Side to side motion

5, 4, 3, 2, 1, **BLASTOFF!**

*Lower child a little on each number, then lift as high as
you can, on your knees or in yours arms on BLASTOFF!*

(Favourite Interactive Rhymes and How to Use Them in Your Parent-Child Mother Goose Program, Compiled and Annotated by Celia Barker Lottridge, 1999, The Vermont Square Parent-Child Mother Goose Program)

Parenting can be a challenge. We can help.

For more information or to speak with a Public Health Nurse, please contact
York Region [Health Connection](#) at 1-800-361-5653