



# Healthy Schools Resource List

## Web-based Resources

### York Region Health Services – Healthy Schools

<http://www.york.ca/Services/Public+Health+and+Safety/Healthy+Schools/default+Healthy+Schools.htm>

### Safe Healthy Schools Gateway

<http://www.safehealthyschools.org>

### Public Health Agency of Canada

[http://www.phac-aspc.gc.ca/dca-dea/7-18yrs-ans/comphealth\\_e.html](http://www.phac-aspc.gc.ca/dca-dea/7-18yrs-ans/comphealth_e.html)

### Canadian Association for School Health

<http://www.cash-aces.ca/index.asp?Page=Gateway>

### Canadian Association for Health, Physical Education, Recreation and Dance

<http://www.cahperd.ca/eng/index.cfm> (See Quality School Health Info)

### Ontario Healthy Schools Coalition

<http://www.opha.on.ca/ohsc/>

### Ontario Ministry of Education

<http://www.edu.gov.on.ca/eng/teachers/healthyschools.html>

### Ontario Ministry of Health Promotion

<http://www.mhp.gov.on.ca/english/default.asp>

### The Ontario Institute for Studies in Education of The University of Toronto

<http://leo.oise.utoronto.ca/~aanderson/csh/welcome.htm>

### School Health Research Network

<http://www.schoolhealthresearch.org/>

### Ontario Physical and Health Education Association (OPHEA)

<http://www.ophea.net/>

### Australian Health Promoting School Association

<http://www.ahpsa.org.au>

### Voices and Choices: Planning for School Health

[http://www.phac-aspc.gc.ca/vc-ss/welcome\\_e.html](http://www.phac-aspc.gc.ca/vc-ss/welcome_e.html)

### Comprehensive School Health

<http://spartan.ac.brocku.ca/~jmandigo/health/csh.htm>

### Healthy Physical Environment in Schools

[www.healthyschools.com](http://www.healthyschools.com)

## Newsletters and Magazines

### *Knowledge Matters Newsletter*, Canadian School Health Knowledge Network

[http://www.safehealthyschools.org/school\\_health\\_report.htm](http://www.safehealthyschools.org/school_health_report.htm)

### *Fit to Learn*: A Magazine Devoted to Giving our Kids a Healthy Start to Life

### *Health and Learning* – Series on School Health Promotion

### *Building Healthier Citizens*: Joint Consortium for School Health Monthly Newsletter

## Pamphlets/Brochures

### York Region:

Healthy Schools, Healthy Kids! Health Promoting Schools in York Region

Healthy Schools, Healthy Kids! A Parent's guide to health promoting schools

## Articles and Research

Thompson, D., Iachan, R., Overpeck, M., Ross, J & Gross, L. (2006). School connectedness in the health behaviour in school-aged children study: The role of student, school, and school neighbourhood. *Journal of School Health, 76*(7), 379-386

Stewart-Brown S (2006). What is the evidence on school health promotion in improving health or preventing disease and, specifically, what is the effectiveness of the health promoting schools approach? Copenhagen, *WHO Regional Office for Europe*

Symons, C. Wolford (1997). Bridging student health risks and academic achievement through Comprehensive School Health Programs. *Journal of School Health, 67*(6), 224

A National Assessment of Effects of School Experiences on Health Outcomes and Behaviours of Children  
<http://www.phac-aspc.gc.ca/dca-dea/publications/schobc-esrcscj/index.html>

McCall, D. (1999) Comprehensive School Health: Help for teachers from the community. *The Canadian Association for Health, Physical Education, Recreation and Dance [CAHPERD] Journal, 65*(1), 4-9.

## Community Resources

Mental Health Agencies (CMHA)

York Region District School Board

Police Services

Social and Family Services

York Catholic District School Board

Parks and Recreation

For topic specific resources, please contact a Public Health Nurse from York Region Health Services School Services Team.