

Don't be fooled by the flavouring



Wild cherry, apple, vanilla blend... Yum, that sounds delicious! Tobacco products have some new and interesting flavours that can appeal to many youth. Use of oral tobacco (chew, dip or spit) pose significant health effects as they contain many of the same chemicals found in cigarette smoke.

Use of chew, spit or dip can cause:

- Staining and wearing of teeth
- Cavities and tooth loss
- Conditions called hairy tongue and "dip lip" - a lack of lip control leading to drooling
- Cancers of the mouth, throat, stomach and pancreas

Talk to kids about tobacco to ensure they are not fooled by the flavouring.



For health-related information call York Region *Health Connection* at 1-800-361-5653, TTY 1-866-252-9933 or visit www.york.ca/healthyschools