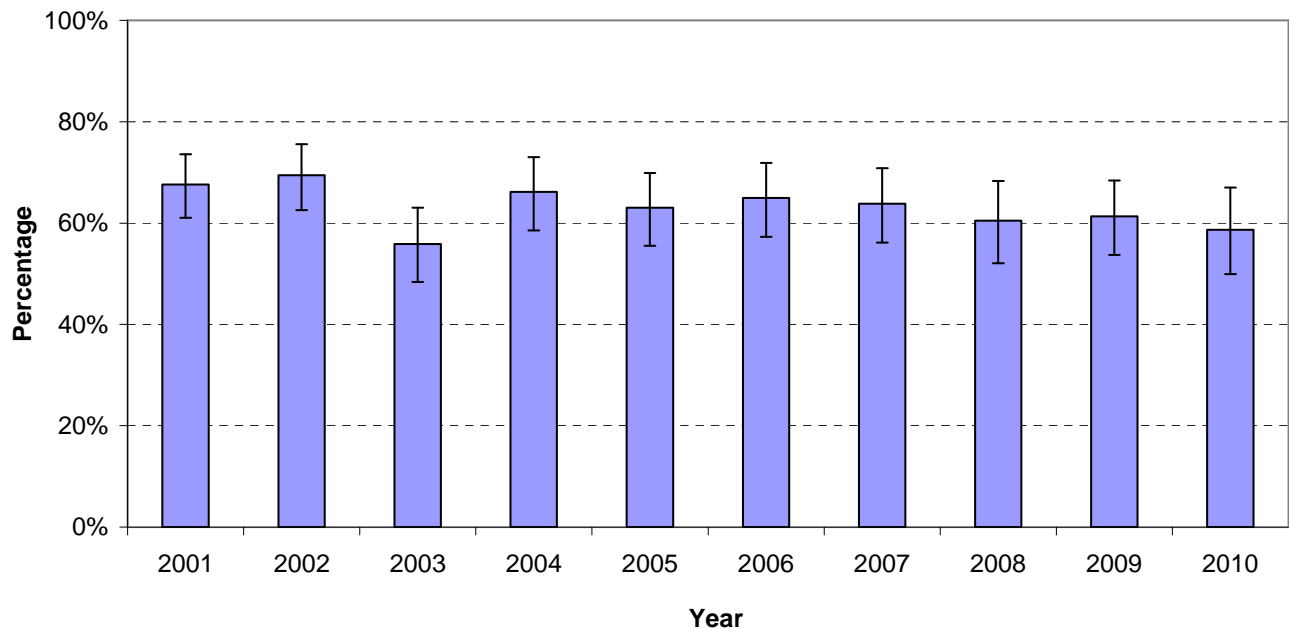


Thinking About Quitting Smoking

This summary focuses on the percentage of current smokers in York Region who are considering quitting smoking in the next six months or committed to quitting in the next 30 days.

Ontario Public Health Standards, Chronic Diseases and Injuries Program Standards, Chronic Disease Prevention – Req 1.

Current Smokers in York Region Who Are Considering Quitting Smoking in the Next Six Months, 2001-2010



Data Source: Rapid Risk Factor Surveillance System, January 2001 – December 2010. (Sample Sizes by Year: 2001 n=247, 2002 n=225, 2003 n=214, 2004 n=194, 2005 n=212, 2006 n=192, 2007 n=197, 2008 n=165, 2009 n=194, 2010 n=154).

Interpretation:

- In 2010, 59% (± 9) of current smokers surveyed in York Region were considering quitting smoking in the next six months or committed to quitting in the next 30 days. Statistically, this percentage has remained the same over ten years of data collection starting in 2001.
- No differences in respondents' thoughts of quitting smoking were observed across sex or age (data not shown).

Data Source: Rapid Risk Factor Surveillance System (RRFSS), January 2001 – December 2010 (variables T1, T2 and T3). For more information on RRFSS, visit <http://www.rfss.ca/>

Adults represent individuals aged 18 years or older. This telephone survey was only administered in English, using a random digit dialling methodology and data are weighted for probability of selection in households of different size. Survey indicators based on self-reported information and may be subject to biases, such as recall bias or social desirability bias, or result in high non-response.

\bar{I} and \pm represents the 95% confidence interval, meaning 19 times out of 20 the results will fall within this range. Confidence intervals are reported as equal, though this is not always the case as the estimate approaches zero or 100%.

'Don't know' and 'refused' responses are excluded if less than five (5) percent.