



Pedometer Challenge

Sample voicemail reminder re: start date

Hi _____ (team/office),

This is (your name). I would like to remind everyone that the Pedometer Challenge will begin next week starting Monday, _____ (date) and will end on Friday, _____ (date). This is going to be fun and exciting! The person who accumulates the most steps will win a grand prize (e.g. pedometer or....). So "grab a pedometer and walk your way to health" if you have not done so. Please feel free to contact me at ext. _____ if you have any questions or need more information.

Coordinator's name