



# HEALTHY SCHOOLS - BULLYING PREVENTION Sample Action Plan Activities

Quality Instruction & Programs	Healthy Physical Environment	Supportive Social Environment	Community Partnerships
<p><b>Education for students:</b></p> <ul style="list-style-type: none"> <li>Ontario Health &amp; Physical Education Curriculum</li> <li><i>Together We Can Stop Bullying</i> (Strategies for grades 3,4 &amp; 5)</li> <li><i>Tribes Classroom Strategies</i></li> </ul> <p><b>Education for teachers:</b></p> <ul style="list-style-type: none"> <li>Teacher workshops and websites (YRHS)</li> </ul>	<p><b>Bullying prevention guidelines:</b></p> <ul style="list-style-type: none"> <li>The school has a written policy/guidelines related to a safe and healthy school environment</li> <li>Adoption of the “Antiracism and Ethno-cultural Equity Policy” (YRDSB/YCDSB)</li> <li>Adoption of the Safe and Supportive Schools Policy (YRDSB/YCDSB)</li> </ul> <p><b>Creating a safe and inclusive classroom:</b></p> <ul style="list-style-type: none"> <li>Character Matters</li> </ul>	<p><b>Student Supports:</b></p> <ul style="list-style-type: none"> <li>The school has a Healthy School committee</li> <li>Character education (YRDSB)</li> <li>Provide opportunities for student leadership:</li> <li>PLAY Recess Program</li> <li>Participation on Healthy Schools committee</li> <li><i>Roots of Empathy</i> (Gr.1-8)</li> </ul> <p><b>Parent and Teacher supports:</b></p> <ul style="list-style-type: none"> <li>CAVRE document - <i>A Whole School Guide to Bullying Prevention Strategies for Administrators, Teachers, parents, Students</i> <a href="http://www.cayre.ca">www.cayre.ca</a></li> <li>Presentations (Red Cross)</li> <li>Parents workshops (YRHS)</li> <li>Parent volunteers (GIVE)</li> <li><i>ACT NOW</i> (Healthy Attitude)</li> </ul>	<ul style="list-style-type: none"> <li>York Region Health Services</li> <li>Canadian Mental Health Association (CMHA) <a href="http://www.cmha.ca">www.cmha.ca</a></li> <li>Red Cross (Respect Ed) <a href="http://www.redcross.ca">www.redcross.ca</a></li> <li>Community Alliance York Region Education (CAVRE)</li> <li>Roots of Empathy <a href="http://www.rootsofempathy.org">www.rootsofempathy.org</a></li> <li>York Regional Police (YRP) <a href="http://www.police.york.on.ca">www.police.york.on.ca</a></li> <li>GIVE! Get Involved, Volunteer in Education</li> </ul>