

School Feedback Form

Please have your school champion or Healthy School rep complete and return this feedback form by May 15, 2009. Your school has an opportunity to win fabulous prizes related to physical activity!



1. How many students attend your school? _____
2. Approximately how many students participated in *pause to PLAY*? _____
3. Did your students report spending less time than usual in front of a screen during *pause to PLAY*?
 Yes No
4. Did students report being more physically active?
 Yes No
5. Did students report eating healthy food during the *pause to PLAY*?
 Yes No
6. Did students report having more family time?
 Yes No
7. Was the *pause to PLAY* toolkit easy to use?
 Yes No
8. Which resources from the toolkit did you use?

<input type="radio"/> Steps for Success	<input type="radio"/> Poster
<input type="radio"/> Ideas for Schools	<input type="radio"/> Newsletter insert
<input type="radio"/> Pledge Form	<input type="radio"/> Sample PA announcements
<input type="radio"/> Physically Active Games	<input type="radio"/> Certificate
<input type="radio"/> Nutrition Songs, Games and Activities	<input type="radio"/> Letter to Parents
<input type="radio"/> Pausing to Play Big Events	<input type="radio"/> Student Activity Log
	<input type="radio"/> Helpful tips for parents

9. What activities did your school do during *pause to PLAY*? Please fill in the activities under the appropriate ***Foundations for a Healthy School** section below.

* www.edu.gov.on.ca/eng/healthyschools/foundations.html

Component	Description of Activity
<p>High-quality Instruction and Programs Implementing curriculum that promotes physical activity and healthy eating messages (e.g. using resources such as OPHEA curriculum, Active 8, and Discover Healthy Eating, etc.).</p>	
<p>Healthy Physical Environment Creating an environment that makes it easy for all students and staff to be active and eat healthy foods (e.g. easy access to fitness equipment, regularly scheduled active games, bike racks and healthy foods available).</p>	
<p>Supportive Social Environment Teachers and parents supporting all students to become active and eat healthy foods (e.g. role modeling, encouraging through their actions and showing leadership in healthy eating and physical activity initiatives).</p>	
<p>Community Partnerships Working with other community partners (e.g. Heart and Stroke, local recreation departments, local clubs getting involved in <i>pause to PLAY</i> activities).</p>	

10. What suggestions do you have to improve *pause to PLAY* in the future?

Feel free to include your success stories in creative formats such as articles, poems, photos, and participants' testimonials along with this feedback form.

Please return one response per school by **May 15, 2009 to be eligible for a chance to win!**
Send to Sharon Hall:

- by fax to 905-895-6602
- by email to sharon.hall@york.ca
- by school courier or Canada Post to: York Region Community & Health Services
Elementary School Program
465 Davis Drive, Suite 240
Newmarket, ON L3Y 2P1

Thanks for your time and support!

