



HEALTHY SCHOOLS - SUN SAFETY Sample Action Plan Activities

Quality Instruction & Programs	Healthy Physical Environment	Supportive Social Environment	Community Partnerships
<p>Education for students:</p> <ul style="list-style-type: none"> • <i>Living with Sunshine</i> (Canadian Cancer Society, Grades 1-3) • <i>UV Radiation: Science, Sun Protection and the Classroom</i> (Ontario Sun Safety Working Group, Grades 1-8) • <i>Sun Savvy Club</i> (Environment Canada) • <i>Sky Watchers</i> – Teachers’ Corner, Chapter 6, Ultraviolet Radiation (Environment Canada) <p>Other Educational Materials:</p> <ul style="list-style-type: none"> • Video – <i>Sun Safe Play Everyday</i> (Canadian Dermatology Association) • Storybook – <i>Block the Sun Not the Fun</i> (Canadian Paediatric Society) 	<p>Assess your school play areas for shade; initiate a project to add shade to your school yard.</p> <p>Involve your school and/or parent council in tree planting programs and other opportunities to create shade</p> <p>Resources to plan for shade include:</p> <ul style="list-style-type: none"> • <i>Shade: A Planning Guide</i> (York Region Sunsense Coalition) • <i>Designing for Shade and Energy Conservation – School Grounds Greening Guide</i> – module of York University’s EcoSchool Program • <i>Shade for Kids Workshop- in- a-Box</i> (Evergreen Canada) <p>The school has a written sun safety policy with guidelines for:</p> <ul style="list-style-type: none"> • Students – during recess, classes held outdoors and outdoor school events such as sports events and field trips • Staff – for outdoor work assignments (supervising, teaching or property care) 	<p>Teacher supports: Encourage staff to be sun safe role models</p> <p>Student supports: Participate in the annual York Region Sunsense Coalition Sun Smart Poster Contest (Grade 1)</p> <p>School-wide supports: Promote Sun Awareness Week:</p> <ul style="list-style-type: none"> • Host a school wide event such as <i>Silly Hat Day</i> • Add sun safety information to daily announcements <p>Parent supports:</p> <ul style="list-style-type: none"> • Fact sheets, pamphlets, posters, bookmarks • Newsletter articles • Websites of interactive games and activities • Workshops and displays <p>Consultation and support by YRHS on how to plan a sun safe event and assist schools to plan for shade</p>	<p>York Region Health Services:</p> <ul style="list-style-type: none"> • Chronic Disease Prevention team • School Services team <p>York Region Sunsense Coalition</p>