



HEALTHY SCHOOLS

Calendar and Action Plan Template

Healthy School Calendar and Action Plan for 2007 / 2008 School year. School name: H.G. Bernard Public School

MONTH	TOPIC(s) & Healthy Schools Components (1, 2, 3, 4)	PLANS, PREPARATION COSTS OF ACTIVITIES (What, where, when, how)	TIMELINE	LEAD (Who)	OUTCOME
September	Physical Activity, Healthy Environment 3, 2 and 4 1 and 4 2 and 3	<p>Meeting Date: September 20, 2007</p> <p>Welcome back, visioning, members, roles council liaison, goals, meeting dates times</p> <ul style="list-style-type: none"> - INWALIK Day (Oct 3): registers, school-wide event all students to walk at lunch, invite Police, - Invite Mayor and media - Provide gr 4-6 teachers with "Blazing Trails" resource, - Approach Dominion for water donation - Parent volunteers recruited for celebration and safety INWALIK evaluation 	<p>October 1st</p> <p>October 1st</p>	<p>Joanne (Chair)</p> <p>Mary</p> <p>Tanya</p> <p>Kevin</p> <p>Kevin</p> <p>Mary</p>	<p>student, parent, teacher and admin rep attended</p> <ul style="list-style-type: none"> - 80% walked (all the way or the last block to school) 100% walked at lunch - Major attended, article in paper - mapping activity completed by most classes - Successful day! Explore traffic audit and walking Wednesdays - Water cost \$40 plus some donated
September		<p>Meeting Date:</p>			

To make your plan "comprehensive", aim to include activities that will address all four components of a Healthy School:

1. High Quality Instruction and Programs
2. Healthy Physical Environment
3. Supportive Social Environment
4. Community Partnerships



HEALTHY SCHOOLS

Calendar and Action Plan

Healthy School Calendar and Action Plan for ____ / ____ School year. School name: _____

MONTH	TOPIC(S) & Healthy Schools Components (1, 2, 3, 4)	PLANS, PREPARATION COSTS OF ACTIVITIES (What, where, when, how)	TIMELINE	LEAD (Who)	OUTCOME
October		Meeting Date:			
November		Meeting Date:			
December		Meeting Date:			

To make your plan “comprehensive”, aim to include activities that will address all four components of a Healthy School:

1. High Quality Instruction and Programs
2. Healthy Physical Environment
3. Supportive Social Environment
4. Community Partnerships



HEALTHY SCHOOLS

Calendar and Action Plan

Healthy School Calendar and Action Plan for _____ / _____ School year. School name: _____

MONTH	TOPIC(s) & Healthy Schools Components (1, 2, 3, 4)	PLANS, PREPARATION COSTS OF ACTIVITIES (What, where, when, how)	TIMELINE	LEAD (Who)	OUTCOME
January		Meeting Date:			
February		Meeting Date:			
March		Meeting Date:			

To make your plan “comprehensive”, aim to include activities that will address all four components of a Healthy School:

1. High Quality Instruction and Programs
2. Healthy Physical Environment
3. Supportive Social Environment
4. Community Partnerships



HEALTHY SCHOOLS

Calendar and Action Plan

Healthy School Calendar and Action Plan for ____ / ____ School year. School name: _____

MONTH	TOPIC(S) & Healthy Schools Components (1, 2, 3, 4)	PLANS, PREPARATION COSTS OF ACTIVITIES (What, where, when, how)	TIMELINE	LEAD (Who)	OUTCOME
April		Meeting Date:			
May		Meeting Date:			
June		Meeting Date:			

To make your plan “comprehensive”, aim to include activities that will address all four components of a Healthy School:

1. High Quality Instruction and Programs
2. Healthy Physical Environment
3. Supportive Social Environment
4. Community Partnerships