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Don't be fooled by the flavouring

Wild cherry, apple, vanilla blend... Yum, that sounds delicious! Tobacco products have some new and interesting flavours that can appeal to many youth. Oral tobacco (e.g., chew, dip, or spit) and cigarillo use pose significant health risks as they contain many of the same chemicals found in cigarette smoke.

Use of chew, spit or dip can cause:

- Bad breath and increased plaque build up
- Yellowing of teeth
- A condition called hairy tongue
- A lack of lip control (dip lip) allowing drooling
- Mouth cancers
- Cancers of the stomach and pancreas

Talk to kids about tobacco to ensure they are not fooled by the flavouring.



**For health-related information call York Region
Health Connection at 1-800-361-5653 or visit www.york.ca**