



Congratulations. You have made a difference in the health of your school community! Be proud and celebrate your accomplishments! Here are some healthy celebration ideas for your committee and school.

Healthy School Committee:

- **Potluck lunch or dinner:** Have everyone bring a healthy food choice along with the recipe (you may choose to make copies of the recipe to give each member of your committee)
- **Create a theme** for the celebration (e.g. Hawaiian)
- Provide **prizes** such as a free day at the local gym or recreation centre (contact local businesses and ask for donations)
- Give each member a special **certificate of recognition** acknowledging their efforts and participation
- Take a **picture of the committee** and recognize them in the last school newsletter of the year

School-wide celebration:

- **Have a celebration assembly:** Involve the school community by having a fun assembly that highlights the healthy achievements made by the school; involve performances/drama presentations and guest speakers
- Provide a **free healthy school lunch** for the whole school
- Have a **health fair** that parents and students can attend to see all of the good things the school has done to become healthier
- Provide a **certificate** to each student in the school to acknowledge their involvement in Healthy Schools activities
- Allow each classroom to have a healthy celebration over the lunch period
- Give each student a **recognition prize** such as a sticker, pencil or magnet as an appreciation gift (ask local businesses or organizations if they could donate)
- Send a **thank you letter home to parents** in appreciation of their efforts towards becoming a healthier school