

Pedometer Challenge Coordinator's Evaluation



We are interested in knowing how your event turned out and how to improve the Pedometer Challenge Tool Kit for future use. Please take a few moments to complete this evaluation. We appreciate your time and feedback.

1. Was the Pedometer Challenge Tool Kit easy to use?

Yes No

If no, please provide suggestions: _____

2. Which Tool Kit resources did you use?

- | | |
|---|--|
| <input type="checkbox"/> Background/Rationale for Pedometer Challenge | <input type="checkbox"/> Daily Walking Log Sheet |
| <input type="checkbox"/> Pedometers Fact Sheet | <input type="checkbox"/> Conversion of Steps to Geographical Distance |
| <input type="checkbox"/> Pedometer Loan Contract Form | <input type="checkbox"/> Printed Resources |
| <input type="checkbox"/> Guidelines for Coordinators | <input type="checkbox"/> Posters |
| <input type="checkbox"/> Guidelines for Participants | <input type="checkbox"/> Websites/Resource List |
| <input type="checkbox"/> Promotional Flyer | <input type="checkbox"/> Ideas to Sustain Motivation and Maintain a Supportive Environment for Physical Activity |
| <input type="checkbox"/> Registration Form | <input type="checkbox"/> Participant's Evaluation Form |
| <input type="checkbox"/> Sample Voice Mail Reminders | |
| <input type="checkbox"/> Sample Email Messages | |

3. Approximately how many people participated in the Pedometer Challenge?

4. Did you have any difficulties with implementing the Pedometer Challenge?

Yes No

If yes, please explain: _____

5. Would you like us to contact you for more information or resources to promote and sustain active living in your workplace or community group?

If yes, please provide us with your contact information:

Name: _____

Phone: _____

E-mail: _____

6. Additional comments:

Thank you for your feedback!