

Come Grow with Us

A Health Education and Resource Manual for Child Care Providers

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www.york.ca/comegrowwithus



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Acknowledgements

When the decision was made to update the resources offered to child care centres by the York Region Community and Health Services Department, little did we know that we were embarking on the ambitious undertaking that followed.

However, in 1993 the successful result of our two year project was *Come Grow with Us*, A Health Education and Resource Manual for Child Care Providers. This endeavour involved our Healthy Children Child Care Subcommittee (now known as the *Come Grow with Us* Child Care Committee) staff from all divisions of the Public Health Department, as well as numerous consultations with child care providers, early childhood educators, parents and other service providers.

We are very grateful to the Middlesex-London Health Unit for providing the starting point of our undertaking. Their resource binder *Safe Healthy Children: A Health and Safety Manual for Child Care Providers* modelled the framework within which we based *Come Grow with Us*.

A special thank you is extended to the *Come Grow with Us* Child Care Committee for revising and updating the 2009 Edition of the manual and for their coordinated efforts in making the manual available on the York Region website www.york.ca/comegrowwithus.

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