



# HEALTHY SCHOOLS - HANDWASHING Sample Action Plan Activities

Quality Instruction & Programs	Healthy Physical Environment	Supportive Social Environment	Community Partnerships
<p><b>Education for students:</b></p> <ul style="list-style-type: none"> <li>• Ontario Health and Physical Education curriculum</li> <li>• <i>Handwashing Education Package for Kindergarten and Grade 2</i> (curriculum-matched) (YRHS)</li> <li>• Activities for Junior Kindergarten to Grade 8 (YRHS)</li> <li>• Classroom GlitterBug handwashing demonstrations</li> <li>• <i>Correct Handwashing Procedures</i> poster</li> <li>• A handwashing video created in partnership with YRDSB (available to YRDSB schools)</li> <li>• <i>Nutrition Tools for Schools: Student Handwashing</i> (CHSNE Collaboration)</li> </ul> <p><b>Education for teachers:</b></p> <ul style="list-style-type: none"> <li>• Background information</li> <li>• Professional learning opportunities:               <ul style="list-style-type: none"> <li>• Hand hygiene</li> <li>• Water safety</li> <li>• Food safety</li> <li>• Infection prevention and control</li> <li>• Childcare</li> <li>• GlitterBug handwashing demonstrations</li> </ul> </li> </ul>	<p><b>Safe physical environment:</b></p> <ul style="list-style-type: none"> <li>• Easy access to warm running water, liquid soap and paper towels or hand dryers</li> <li>• Posting <i>Correct Handwashing Procedures</i> posters by every sink as a reminder</li> <li>• Environmental measures in case of communicable disease in the school</li> </ul>	<p><b>School-wide supports:</b></p> <ul style="list-style-type: none"> <li>• Assemblies</li> <li>• PA announcements</li> <li>• Posters</li> <li>• Contests</li> <li>• Media campaigns</li> <li>• Handwashing and illness policies</li> <li>• Consultation and support by Health Protection staff on issues related to infection prevention and control</li> </ul> <p><b>Student supports:</b></p> <ul style="list-style-type: none"> <li>• Participation in the Children’s Water Festival</li> <li>• Students sign the GermBuster pledge form</li> </ul> <p><b>Parent supports:</b></p> <ul style="list-style-type: none"> <li>• Newsletter inserts on handwashing</li> <li>• Sending home <i>Handwashing: A Newsletter for Parents</i></li> </ul>	<p><b>York Region Health Services:</b></p> <ul style="list-style-type: none"> <li>• Health Protection – Infection Prevention and Control staff</li> <li>• Healthy Lifestyles – School Team staff</li> <li>• Dental and Nutrition – Nutrition staff</li> </ul>