

**Speech & Language
Birth to 6 Months**

Rhyme

These Are Lisa's Fingers

(Note: You can use your baby's name instead of "Lisa". Your baby will love to hear their own name and you can change the words to a question such as "Where are Lisa's fingers?")

These are Lisa's Fingers

(Touch the baby's fingers)

These are Lisa's toes

(Touch the baby's toes)

This is Lisa's bellybutton
Round and round it goes

(Run your fingers around the baby's bellybutton)

(The Parent-Child Mother Goose Program. (1992). The moon is round and other rhymes to play with your baby.)

Parenting can be a challenge. We can help.

For more information or to speak with a Public Health Nurse, please contact
York Region [Health Connection](#) at 1-800-361-5653