

# Making Your Child Care Centre a Healthy Environment



## A Fact Sheet for Child Care Operators and Staff

York Region Community and Health Services is mandated to inspect all child care centres to ensure compliance with food safety regulations, infection control and safe water standards. This fact sheet is provided for information and guidance to child care centre operators.

### Handling Blood and Body Fluids

From time to time there may be situations where your staff may have to handle blood or body fluids such as urine, stool and/or vomit. When handling blood or body fluids it is important to treat them as infectious. Infected blood and body fluids have the potential for spreading serious blood borne diseases such as Hepatitis B, C and HIV. It is vital to have procedures in place for your staff on how to handle these situations, so that they can be protected!

Outlined below are clean-up procedures for blood and body fluid spills.

<b>Step 1</b>	All blood/body fluid spills shall be treated as infectious.
<b>Step 2</b>	Alert people in the immediate area to re-locate to a safe distance.
<b>Step 3</b>	Put on a pair of disposable gloves (put on a surgical mask & goggles if there is a risk of splashing).
<b>Step 4</b>	Attend to affected person and remove from location of spill.
<b>Step 5</b>	Place clothing, towels or contaminated items in a plastic bag until ready to be cleaned and disinfected.
<b>Step 6</b>	Remove any broken glass or sharp objects from contaminated area. Discard into a puncture resistant and leak proof container. Try to minimize any hand contact.
<b>Step 7</b>	Place the container in a disposable plastic bag and secure it with a tie. Discard in regular garbage receptacle.
<b>Step 8</b>	Remove excess blood/body fluids using paper towels and discard in a plastic bag.
<b>Step 9</b>	Clean the entire contaminated area with soap and water.
<b>Step 10</b>	Use a high-level bleach solution to disinfect the area. Let stand for 10 minutes before wiping dry. Discard paper towel used for wiping in a disposable plastic bag.
<b>Step 11</b>	All contaminated re-usable items must be cleaned and then disinfected using a high-level bleach solution. Anything that cannot be effectively cleaned and disinfected must be disposed of as waste.
<b>Step 12</b>	Remove gloves (then goggles, then mask if used) and dispose in regular garbage receptacle.
<b>Step 13</b>	Wash your hands.



For more information, please call  
**York Region Health Connection 1-800-361-5653 TTY: 1-866-252-9933**  
[www.york.ca](http://www.york.ca)

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