

Making Your Child Care Centre a Healthy Environment



A Fact Sheet for Child Care Operators and Staff

York Region Community and Health Services is mandated to inspect all child care centres to ensure compliance with food safety regulations, infection control and safe water standards. This fact sheet is provided for information and guidance to child care centre operators.

Recommended Diaper Change Procedure

Never leave a child unattended on the change table.

Step 1	Assemble supplies within easy reach.
Step 2	Put on disposable gloves.
Step 3	Cover change pad with fresh paper liner. Hold the child away from your clothes as you place them on the change pad. Secure child onto the change table. Remove the child's clothes.
Step 4	Remove the diaper, folding the soiled surface inward.
Step 5	Clean child's skin with moist disposable baby wipes, wiping front to back.
Step 6	Place the soiled diaper and disposable wipes in a plastic lined garbage receptacle.
Step 7	If necessary, wipe gloved hands on a clean paper towel and place it in the garbage receptacle.
Step 8	Use skin care products only if requested by the parent and only for the designated child. Be sure that the skin care products are labelled with the child's name.
Step 9	Fasten the diaper in place, dress the child and remove the child from the change table.
Step 10	Place change paper in a plastic-lined garbage receptacle.
Step 11	Remove gloves and dispose in garbage receptacle.
Step 12	Wash your hands.
Step 13	Wash the child's hands and return the child to the play area.
Step 14	Clean and disinfect the change pad with a low-level disinfectant solution. Allow for the proper contact time according to manufacturer's instructions and ensure that the area is dry before applying new, disposable change paper.
Step 13	Wash your hands.
Step 14	Report any abnormal skin or stool conditions to the parent (e.g., skin rash, unusual stool consistency, colour, odour or frequency).

Note: Do not rinse soiled clothing or cloth diapers at the centre. Toilet paper should be used to assist in the removal of formed stool from clothing and/or cloth diapers, and the matter flushed. Double bag soiled articles and send them home with the parent.



For more information, please call
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