

Thursday, May 13, 2010

For Immediate Release

## **York Region paramedics host inaugural EMS Family Day**

*Family Day in celebration of Emergency Medical Services (EMS) Week May 16<sup>th</sup> to 22<sup>nd</sup>*

**NEWMARKET** – York Region EMS paramedics and staff are hosting the inaugural EMS Family Day on Sunday, May 16<sup>th</sup>.

York Region residents are encouraged to attend and participate in many family-friendly free activities taking place. Activities include free public skating and swimming, a car seat clinic and an EMS vehicle display.

In partnership with the Heart and Stroke Foundation of Ontario, a mass cardiopulmonary resuscitation (CPR) skills and Automated External Defibrillator (AED) event will also take place on EMS Family Day. Pre-registration is required by calling the Heart and Stroke Foundation of Ontario at 905 836-8206. The first 30 people to register will receive a free CPR Kit.

**WHEN:** Sunday, May 16<sup>th</sup>  
10 a.m. to 3:30 p.m.

**WHERE:** Newmarket Magna Centre  
800 Mulock Drive  
Town of Newmarket

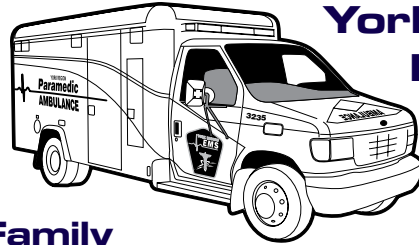
**WHO:** York Region paramedics and EMS staff  
York Region residents

For more information on The Regional Municipality of York, please visit [www.york.ca](http://www.york.ca)

- 30 -

**Media Contact:** Jennifer Mitchell-Emmerson, Community and Health Services, York Region  
Phone: 905 830-4444 Ext. 4016 / After-hours Cell: 905 716-9753  
Email: [jennifer.mitchellemmerson@york.ca](mailto:jennifer.mitchellemmerson@york.ca)

**Attached:** EMS Family Day Schedule of Events and Activities



# York Region Emergency Medical Services (EMS) Family Day at the Newmarket Magna Centre

800 Mulock Drive (between Bayview and Leslie)  
Sunday, May 16, 2010 — 10 a.m. to 3:30 p.m.

## Activities for the Family

Location	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM	3:00 PM
Multi-Purpose Room	EMS Kids FUN					
Lower Level Parking Roundabout	Car Seat Clinic					
Lower Level		Spinal Restriction Simulations		Spinal Restriction Simulations		
Midas Skating Rink		Free Public Skate				
Magna Swimming Pool			Free Public Swim			
Upstairs Activity Room				EMS Kids FUN		
Main Floor Gym					MASS C.P.R. Event	
Main Lobby	Main EMS Interactive Display					
Front Entrance	Main Ambulance Display					
Lower Level Entrance (Outside)	Mothers Against Drunk Drivers (MADD) Mobile And Display					
Lower Level Entrance (Inside)	Window and Balcony Safety Display					

### EMS Kids FUN

- Colouring contest with prizes
- Cardboard ambulances
- Games with EMS paramedics
- Fun activities
- EMS-related crafts

### Free Public Skate

- EMS Paramedic Cruisers encouraging 'Safe Skating'

### Free Public Swim

- Interactive water safety games with help from Magna Centre Lifeguards

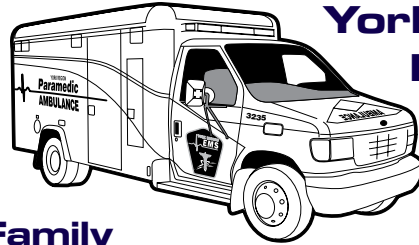
### MASS C.P.R. Event

- C.P.R. for Friends and Family in association with the Heart and Stroke Foundation
- Pre-registration required through Heart and Stroke Foundation. Call (905) 836-8206 to register. The first 30 people to register will receive a free "Family and Friends" C.P.R. kit

### Spinal Restriction Simulations

### Car Seat Clinic





# York Region Emergency Medical Services (EMS) Family Day at the Newmarket Magna Centre

800 Mulock Drive (between Bayview and Leslie)  
Sunday, May 16, 2010 — 10 a.m. to 3:30 p.m.

## Activities for the Family

Location	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM	3:00 PM
Multi-Purpose Room	EMS Kids FUN					
Lower Level Parking Roundabout	Car Seat Clinic					
Lower Level		Spinal Restriction Simulations		Spinal Restriction Simulations		
Midas Skating Rink		Free Public Skate				
Magna Swimming Pool			Free Public Swim			
Upstairs Activity Room				EMS Kids FUN		
Main Floor Gym					MASS C.P.R. Event	
Main Lobby	Main EMS Interactive Display					
Front Entrance	Main Ambulance Display					
Lower Level Entrance (Outside)	Mothers Against Drunk Drivers (MADD) Mobile And Display					
Lower Level Entrance (Inside)	Window and Balcony Safety Display					

### EMS Kids FUN

- Colouring contest with prizes
- Cardboard ambulances
- Games with EMS paramedics
- Fun activities
- EMS-related crafts

### Free Public Skate

- EMS Paramedic Cruisers encouraging 'Safe Skating'

### Free Public Swim

- Interactive water safety games with help from Magna Centre Lifeguards

### MASS C.P.R. Event

- C.P.R. for Friends and Family in association with the Heart and Stroke Foundation
- Pre-registration required through Heart and Stroke Foundation. Call (905) 836-8206 to register. The first 30 people to register will receive a free "Family and Friends" C.P.R. kit

### Spinal Restriction Simulations

### Car Seat Clinic

