GOING SOMEWHERE?

go active!

WALKING, CYCLING, WHEELING, ROLLERBLADING and SKATEBOARDING
are all active ways to get you where you're going.

Make a difference the next time you need to get somewhere... *go active!*

For more information on active transportation,
please contact York Region ***Health Connection***
at **1-800-361-5653**
or visit **www.york.ca/health**

York Region