



HEALTHY SCHOOLS, HEALTHY KIDS!

# Sample Student Survey Grades 4 to 8

A healthy school environment is important to everyone. We are asking parents, staff and students to provide input on how to create a healthy school. Please complete the questions below and return the survey to your teacher.

1. What is happening at your school now that makes you healthy and feel good?

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2. What would you like to see at your school to help you be healthier?

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3. How can we do this?

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4. As a student, what issues are important to you? Please check all the boxes that apply then *place a star next to the three most important issues.*

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|--|---|
| <input type="checkbox"/> Healthy eating            | <input type="checkbox"/> Alcohol and substance use  |
| <input type="checkbox"/> Physical Activity         | <input type="checkbox"/> Peer pressure              |
| <input type="checkbox"/> Playground safety         | <input type="checkbox"/> Suicide                    |
| <input type="checkbox"/> Loneliness                | <input type="checkbox"/> Sexual Health              |
| <input type="checkbox"/> Bullying/school violence  | <input type="checkbox"/> Racism                     |
| <input type="checkbox"/> The environment           | <input type="checkbox"/> Stress                     |
| <input type="checkbox"/> Dating                    | <input type="checkbox"/> Injury Prevention          |
| <input type="checkbox"/> Conflict                  | <input type="checkbox"/> Tobacco Use                |
| <input type="checkbox"/> Relationships with family | <input type="checkbox"/> Relationships with friends |
| <input type="checkbox"/> Other _____               |   |

5. What is your idea of a Healthy School? (If you prefer, you can draw a picture on back).

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6. Are you interested in being part of the **Healthy Schools** Team?  
If yes, please complete below:

Name \_\_\_\_\_ Teacher \_\_\_\_\_ Grade \_\_\_\_\_