



Friday, September 1, 2006

## Health Fair for the South Asian Community of York Region

**NEWMARKET** – The South Asian Health Coalition of York Region will be hosting their first Health Fair. The Health Fair will provide South Asian families living in York Region with an opportunity to gain knowledge and raise awareness about health issues, link with services and resources available in their community and enhance skills required for making healthier lifestyle choices.

**WHEN:** Saturday, September 16, 2006  
10:00 a.m. – 4:00 p.m.

**WHERE:** Milliken Mills High School  
7522 Kennedy Road, Unionville (north of Denison)

**COST:** Admission and participation is free

Physicians from the South Asian Community will lead a panel discussion on heart disease, cancer and diabetes in the morning. During the afternoon, residents can participate in the various parenting and relationship workshops, healthy cooking demonstrations and other health-related seminars.

Other opportunities during this event include free blood glucose testing, hearing assessment for individuals 55 years of age and older, dental screening for children. More than 35 exhibitor booths will be present.

For more information on this or any other health-related questions contact York Region Health Services *Health Connection* at 1-800-361-5653.

- 30 -

For more information on the Regional Municipality of York and our services, please visit [www.york.ca](http://www.york.ca)

**Media Contact:** Jennifer Mitchell-Emmerson, York Region Health Services  
Phone: (905) 830-4444 ext. 4016 or after-hours pager (905) 830-3302  
Email: [jennifer.mitchellemmerson@york.ca](mailto:jennifer.mitchellemmerson@york.ca)



Canadian Cancer Society  
Canadian Diabetes Association  
Social Services Network  
York Region Health Services