

**Speech & Language
6 to 12 Months**

Rhyme

The Grand Old Duke Of York

The Grand old Duke of York
He had ten thousand men
(Bounce your baby on your knees)

He marched them up to the top of the hill
(Lift your knees up as you bounce)

And he marched them down again
(Lower your knees or let your baby slide down your legs)

When they were up, they were up
When they were down, they were down
When they were only halfway up
They were neither up nor down
(Suit the bounce to the words)

He marched them to the left
(Lean your baby to the left)

He marched them to the right
(And to the right)

He marched them around and around and around
(Turn your baby from side to side)

And he marched them out of sight
(Lower your baby to the floor)

(The Moon is Round and other rhymes to play with your baby, The Parent-Child Mother Goose Program, 1992)

Parenting can be a challenge. We can help.

For more information or to speak with a Public Health Nurse, please contact
York Region [Health Connection](#) at 1-800-361-5653