

Speech & Language  
3 to 4 Years

Rhyme

**This Is The Key To The Kingdom**

(**Note:** This long rhyme is not as hard as it looks and people of all ages love it. Children who are two to four years old will need help with the actions.)

**Words**

**Actions**

This is the Key to the Kingdom  
And this is the kingdom  
And in the kingdom there is a town  
And in the town there is a hill

*Hold your thumb up (the key)*  
*Spread your arms wide (the kingdom)*  
*Make a circle with your arms (the town)*  
*Make a pointed hill shape with hands*

And on the hill there is a street  
And on the street there is a house  
And in the house there is a room  
And in the room there is a bed

*Hold arm out, walk other hand along it*  
*Make house shape with hands*  
*Make square shape (the room)*  
*Hold hands flat to make bed*

And on the bed there is a basket  
And in the basket there is a blanket  
And under the blanket there is a BABY!

*Make basket shape with hands*  
*Close thumbs over "basket"*  
*Lift thumbs and look into basket. Smile.*

Baby under the blanket  
Blanket in the basket  
Basket on the bed  
Bed in the room

*Close thumbs over "basket"*  
*Keep basket shape with hands*  
*Make bed shape*  
*Make square for room*

Room in the house  
House on the street  
Street on the hill

*Make house shape*  
*Hold arm out flat for street*  
*Make hill shape with arms*

Hill in the town  
Town in the kingdom  
And THIS is the key to the kingdom

*Make circle with arms*  
*Stretch arms wide*  
*Hold up thumb*

(Favourite Interactive Rhymes and How to Use Them in Your Parent-Child Mother Goose Program, Compiled and Annotated by Celia Barker Lottridge, 1999, The Vermont Square Parent-Child Mother Goose Program)

Parenting can be a challenge. We can help.

For more information or to speak with a Public Health Nurse, please contact  
York Region [Health Connection](#) at 1-800-361-5653