

Making Your Child Care Centre a Healthy Environment



A Fact Sheet for Child Care Operators and Staff

York Region Community and Health Services is mandated to inspect all child care centres to ensure compliance with food safety regulations, infection control and safe water standards. This fact sheet is provided for information and guidance to child care centre operators.

Recommended Toileting Routine

Step 1	Put on disposable gloves. If the child wears a diaper, remove it. If the diaper is soiled, clean and dry the child's skin. Dispose of the diaper.
Step 2	Place the child on the toilet or potty.
Step 3	Wipe the child removing all soil.
Step 4	Flush the toilet or remove child from potty chair. If necessary, diaper the child and help the child get dressed.
Step 5	Remove gloves and wash your hands.
Step 6	Assist the child in hand washing. Return the child to a supervised area.
Step 7	Put on disposable gloves. Discard all contents from the potty chair into the toilet and thoroughly rinse out the potty chair. Clean the potty chair with soapy water and empty into the toilet. Rinse out the potty with clean water and flush down the toilet.
Step 8	Apply a low-level disinfectant to the potty chair and the diaper-changing surface (if used) following manufacturer's recommendations.
Step 9	If the toilet seat has become soiled, clean and then disinfect the toilet seat with a low-level disinfectant following manufacturer's recommendations.
Step 10	Remove gloves and wash your hands.
Step 11	Put away all diapering supplies.
Step 12	Store potty chair in a sanitary manner.
Step 14	Record the child's use of the potty, any unusual bowel movements and skin condition, as necessary.

Note: Children starting toilet training that are still having accidents are required to either wear pull-ups or parent is to provide a water-proof pant over regular underwear to prevent contamination of surfaces due to leaking urine or feces.

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For more information, please call
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