

Parenting can be a challenge...



The Nobody's Perfect Program for Parents may help you

Feel good about doing your best as a parent

Be ready for each new skill your child learns

Help your child learn positive behaviour

*Learn how your child's body
and mind grow together*

*For parents with
children ages 1 to 5 years old.*

Offered by Community Agency staff.

**For more information call your local Community Agency or
York Region Community and Health Services Health Connection
at 1-800-361-5653 TTY: 1-866-252-9933**

**Vaughan/King/Aurora
Ontario Early Years Centre
905-856-5511 or
1-866-404-2077**

**Thornhill
Ontario Early Years Centre
905-709-6159**

**Oak Ridges
Ontario Early Years Centre
905-883-6901 or
1-866-297-9622**

**Markham
Ontario Early Years Centre
905-479-0002**

**York North
Ontario Early Years Centre
905-853-0754**

**Rose of Sharon
905-853-5514**

**The Cross-Cultural
Community Services
Association
905-948-1671**

**Centre for Information and
Community Services
905-474-5092**

