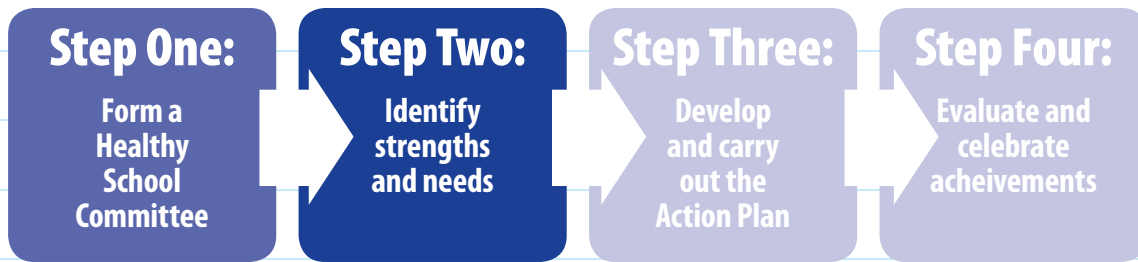


Step 2: Identify Strengths and Needs

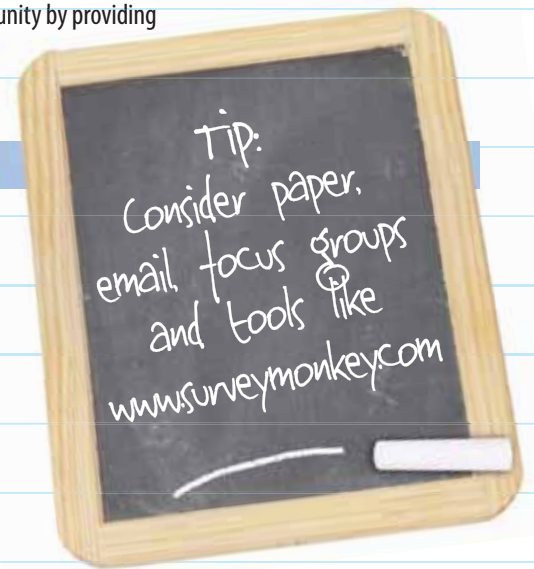


Goals

- **Identify** the **strengths, needs, interests** and **health** of the school community by providing a survey for staff, students and parents
- **Review** and **discuss** the results and **identify priority areas** for action

PART A • Survey your school community

- Develop a survey or adapt an existing one for students, teachers and parents to identify the current health status of your school 📖21, 22, 23, 24
- Determine how to conduct the survey and obtain approval from the principal
- Inform the school community that the committee will be conducting surveys and encourage their participation 📖20
- Promote the survey as a way for school staff, students, parents and community partners to share their ideas
- Create a Healthy Schools suggestion box (Place the box in a central location and encourage the school community to voice concerns and ideas throughout the school year!)




PART B • Share results, establish the vision and prioritize the health issues

- Examine the results of the survey and determine the current strengths, needs, challenges and opportunities associated with implementing a Healthy Schools approach
- Examine areas where the school is doing well and look at what helped make these areas successful
- Communicate results of the survey to your school; present successes first 📖26
- As a committee continue to develop a shared vision of Healthy Schools by brainstorming and creating your ideal school - be creative and have fun! 📖25

📖 Resources available in the resource section

Step 2: Identify Strengths and Needs

PART B • Share results, establish the vision and prioritize the health issues(continued)

- Based on your vision and survey results, prioritize the most important health issues your school can realistically commit to over the school year; it's okay to start small as many small changes can add up to big successes!
- Keep a record of all the issues/suggestions that you are not using this year; they can be used and worked on in subsequent years
- Don't forget to monitor the progress of the committee; review any problems with the committee now to avoid any problems in the future 19 (in section 2, step 1)
- Give students, staff and parents a voice in the Healthy Schools process!

By identifying your school health needs, your committee will be able to consider:

- Activities the school will enjoy participating in
- The overall vision of teachers, students and parents
- The most important health issues in your school


Checklist for Step 2:

- Completed survey for:
 - Parents
 - Teachers
 - Students
 - Administration
- Reviewed and discussed the results of the surveys
- Established priority areas for your school
- Communicated the results and priority areas with the school community
- Determined if your committee is ready to move to step three

 Resources available in the resource section



Step 2 Resource List

 Resource Title	Purpose
20 Sample survey newsletter	To inform the school community, the Healthy School Committee will be conducting surveys to determine the school's current health status
21 Sample student survey	To survey the students in the school to determine what they feel are important issues to address
22 Sample teacher/staff survey	To survey the teachers and staff to determine what health issues are important to them
23 Sample parent/family survey	To find out the health issues/needs from the parents/guardians of the students
24 Physical activity checklist	This checklist provides a comprehensive list of components that will assist in promoting physical activity in your school community.
25 Healthy Schools visioning exercise	To get the committee to discuss, reflect and develop a vision of a Healthy School and identify health issues that may be affecting your school community
26 Sample survey update	To inform the school community of the results of the surveys and the priority health issues chosen