

Single-Use Alternatives Guide

How to reduce your use of single-use items



On December 20, 2023, plastic checkout bags, cutlery, difficult to recycle containers (including black plastic), stir sticks and straight straws were banned for sale and distribution across Canada. Reusable alternatives are the best, most sustainable option. Studies show reusable products have the lowest environmental impact when used multiple times.



Plastics labelled PET (#1), HDPE (#2) and PP (#5) are the easiest plastics to recycle. These plastics are readily accepted in most blue box programs and can be sold and turned into new products. Avoid foamed polystyrene cups, plates and containers.



Plastics labelled as compostable, biodegradable or bioplastic are not accepted in most green bin and blue box programs. Many of these plastics don't break down in composting facilities and cannot be recycled.



Paper-based products are accepted in most green bin programs as long as they don't have a plastic coating or lining.

Learn more about reducing single-use items or share your success story at

york.ca/ReduceWaste







Choose the single-use alternatives that work best for your business.

Single-Use Item	Single-Use Alternatives		
AVOID	© GOOD	BETTER	BEST
Plastic Check-Out Bags	Upon request provide 100% paper bags like a brown paper bag.	Upon request provide reused cardboard boxes, durable/ reusable, washable bags or bins for a fee.	Encourage customers to bring their own reusable bags
Cold Beverage Cups with Plastic Lining or Wax Coating	Plastic cups and lids made from recyclable plastic like PET (#1), HDPE (#2) and PP (#5).	Provide reusable cup sharing programs*, deposit return systems or reusable cups that can be recycled.	Provide durable, reusable, washable cups for onsite dining or allow customers to bring their own.
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Condiment Packages	Upon request serve in paper-based containers.	Upon request serve directly on food or serve to customers in durable, reusable, washable containers.	Upon request provide refillable bottle/container so customer can serve themselves, like a ketchup or mustard bottle.





Single-Use Item **Single-Use Alternatives** AVOID GOOD BETTER Provide durable, reusable, Upon request only provide Provide reusable utensil washable utensils for **Plastic Cutlery** uncoated wood-fibre utensils sharing programs* and/or onsite dining and/or allow or uncoated bamboo and Utensils deposit return systems. customers to bring their own utensils. utensils. Provide durable, reusable, Foam, Plastic-lined Offer reusable mug sharing washable cups for onsite Use 100% paper-based cups; or Coated Hot programs* and/or deposit dining and/or allow no lining or coating. customers to bring their own return systems. **Beverage Cups** cups. Upon request, provide 100% Bleached/ Provide 100% paper napkins Provide reusable fabric paper, unbleached, in dispensers. napkins for onsite dining. **Dyed Napkins** unwrapped napkins.





Single-Use Item Single-Use Alternatives AVOID BETTER GOOD Offer 100% paper-based Provide durable, reusable, plates and bowls; no lining Foam, Plastic-lined Provide reusable dishware washable plates and bowls or coating and/or plastic or Coated Plates for onsite dining and/or sharing programs* and/or plates or bowls made from deposit return systems. allow customers to bring and Bowls recyclable plastic like PET their own plates and bowls. (#1), HDPE (#2) and PP (#5). 44466 Provide 100% paper-based Flexible, Plastic Provide deposit return cartons with dividers, Offer durable, cardboard cartons and/or allow **Ring Carriers for** 100% paper-based clips/ cartons with dividers and/or customers to bring their own formed rings or reusable reusable bags with dividers. Beverages reusable bags or cartons. plastic clips. Offer durable, reusable, Use edible stir sticks made **Plastic Stir Sticks** Use wood-fibre stir sticks. washable utensils for stirring from pasta or licorice. like a metal spoon.





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Plastic Straws (Federal ban requires people needing flexible plastic straws to bring their own.)	Use strawless, recyclable plastic lids made from PET (#1), HDPE (#2) or PP (#5)	Upon request provide 100% paper straws (no lining/ coating), or edible straw options like licorice or pasta.	Allow customers to bring their own straws.
Foam, Plastic-lined or Coated Takeout Containers	Use 100% paper-based containers, no lining/coating; aluminum containers with cardboard lids and/or heatsafe plastic containers made from recyclable materials like PP (#5).	Offer reusable container sharing programs* and/or deposit return systems.	Provide durable, reusable, washable containers for onsite dining and allow customers to bring their own containers.

*Sharing programs are different than deposit return systems as some require memberships while others operate free of charge with customers borrowing, returning and even donating items.

