# Housing for Older Canadians

#### The Story of Needs and Opportunities



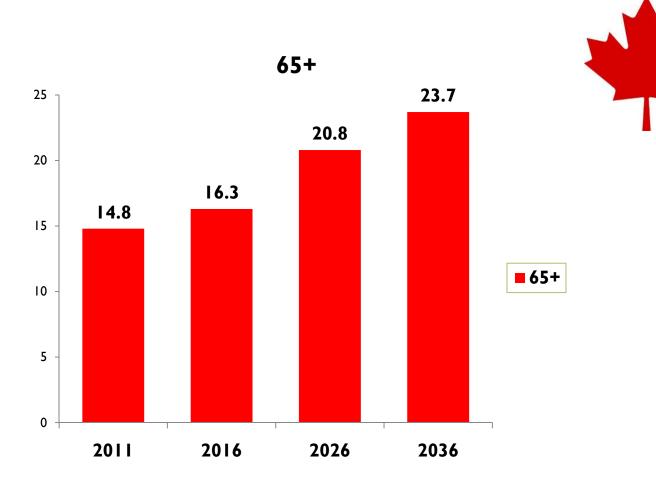




#### **Oldest and Youngest Places in Canada**

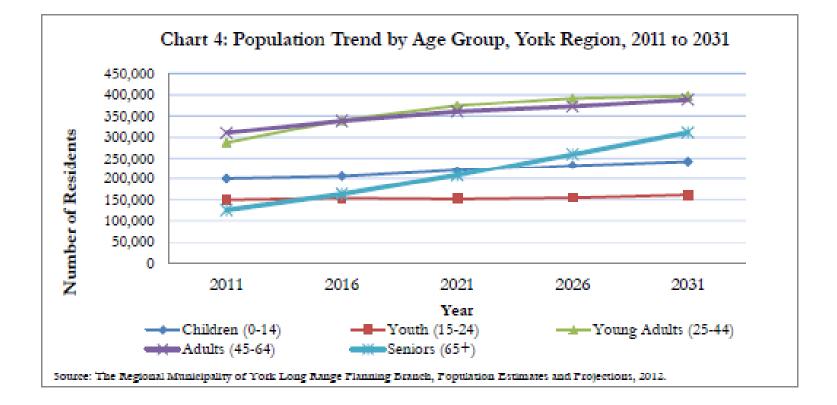


### **Population Projections by % of Total Population**



3

#### **York Region Demographics**



## Agenda

- Today`s Seniors
- Housing Market Trends
- Adaptive Rental Housing Models
- Success Stories
- Resources



#### Housing for Older Canadians

#### The Definitive Guide To The Over-55 Market



## Volume I: Understanding The Market

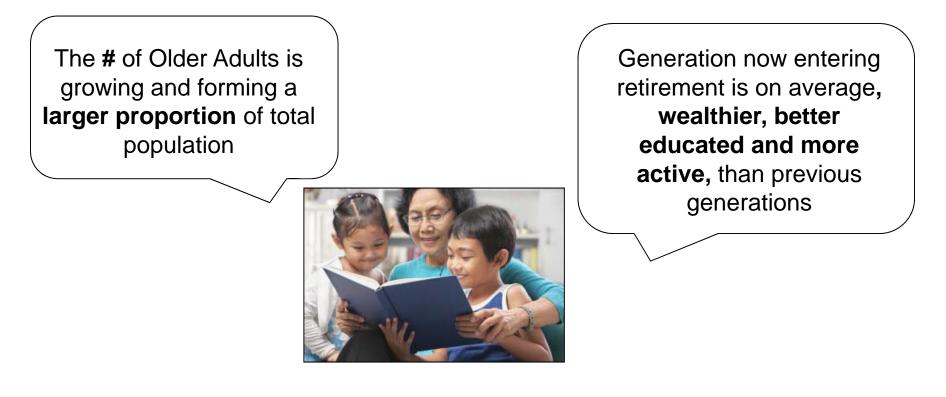


#### The Housing Market for Older Adults is Changing

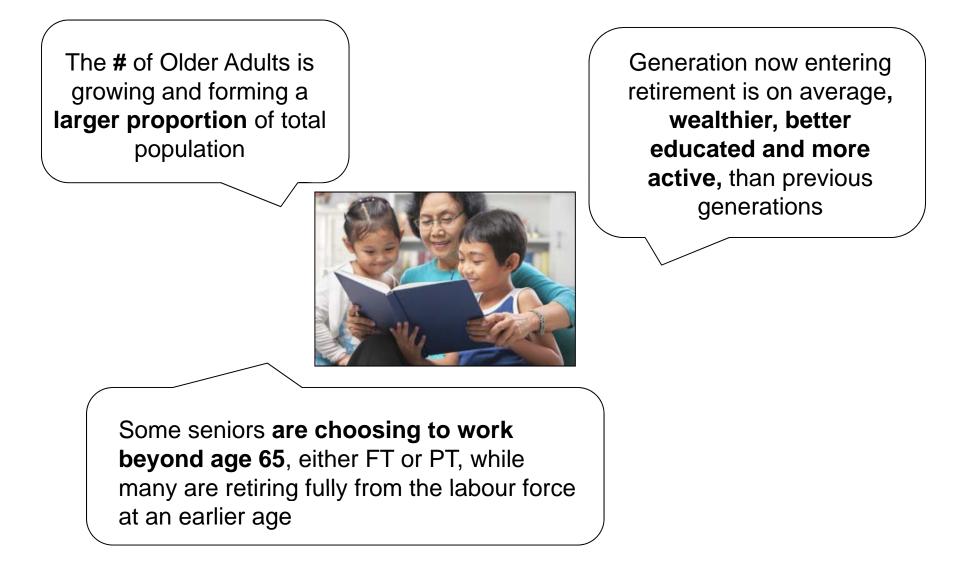
The **#** of Older Adults is growing and forming a **larger proportion** of total population



#### The Housing Market for Older Adults is Changing



#### The Housing Market for Older Adults is Changing



#### **Some Constants**

**Women** continue to outlive men – ratio of women to men increases with age



#### **Some Constants**

Women continue to outlive men – ratio of women to men increases with age

Proportion of **female-led** senior households also increases



#### **Some Constants**



## **Understanding The Market**

#### Seniors encompass wide spectrum of demographic characteristics:



## **Grouping Seniors By Age Co-Hort**

Age	Category
55-64	"Seniors in training"
65-74	Young-old
75-84	Old
85+	Old-old

## **Trends: Retiring vs Work**

#### Distribution of Ages at Retirement: Canada, 2000-2004

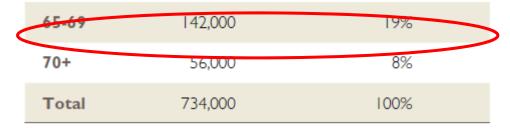
		Number of Retirees	Percent of Retirees
	50-54	90,000	12%
	55-59	219,000	30%
	60-64	227,000	31%
<	65-69	142,000	19%
	70+	56,000	8%
	Total	734,000	100%

Source: Statistics Canada, 2006 Perspectives on Labour and Income, Statistics Canada Catalogue No. 75-001-XIE

#### **Trends: Retiring vs Work**



Housing that offers features such as spaces that allow working from home, or that is located within reach of employment opportunities.



Source: Statistics Canada, 2006 Perspectives on Labour and Income, Statistics Canada Catalogue No. 75-001-XIE

## Trends: Income, Wealth and Pensions

#### Main Sources of Personal Income for Individuals 65 Years and Older: Canada, 2003

	Earnings	Investment Income	Pension Plans	OAS/GIS/SPA	CPP/QPP
Men					
% Receiving Income from Source	25.1%	56.1%	69.8%	93.6%	95.8%
Average Income Received	\$9,900	\$4,800	\$17,900	\$6,100	\$6,500
% of Total Aggregate Income	8 <mark>.</mark> 1%	8.8%	40.5%	18.4%	20.2%
Women					
% Receiving Income from Source	10.9%	58.4%	53.0%	97.4%	85.8%
Average Income Received	\$8,100	\$4,500	\$10,200	\$6,700	\$4,900
% of Total Aggregate Income	4.3%	12.6%	26.3%	31.7%	20.5%

Source: Statistics Canada Community Profiles and Data Provided by Statistics Canada, Census 2006

## Trends: Income, Wealth and Pensions

Main Sources of Personal Income for Individuals 65 Years and Older: Canada. 2003

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% of Total Aggregate Income	4.3%	12.6%	26.3%	31.7%	20.5%

Source: Statistics Canada Community Profiles and Data Provided by Statistics Canada, Census 2006

## **Trends: Diversity and Housing**

#### How does ethnicity affect seniors' housing choices

- Immigrant seniors more likely to reside in CMAs
- Recent immigrant seniors are less likely to live alone
- Ethnic groups have various settlement patterns and housing preferences

Table 9: Ethnic Origins reported by Canadians

	% of Ethnic Origin		
Ethnic Origin	55-64	65-74	75+
British Isles	38.3%	35.1%	38.6%
French	16.7%	15.5%	13.5%
Aboriginal	3.1%	2.2%	1.3%
North American*	31.0%	27.6%	25.7%
Caribbean	1.4%	1.1%	0.7%
Latin, Central, and South American	0.6%	0.4%	0.2%
European	28.2%	31.0%	30.8%
African	0.6%	0.5%	0.3%
Arab**	0.8%	0.7%	0.5%
West Asian***	0.6%	0.6%	0.4%
South Asian****	3.1%	2.8%	1.6%
East and Southeast Asian****	5.1%	5.1%	4.3%
Oceania	0.1%	0.1%	0.1%

Source: Statistics Canada, 2006 Census of Population, Statistics Canada Catalogue r Ethnic Origins reported by Canadians

#### **Trends: Diversity and Housing**

Table 9: Ethnic Origins reported by Canadians

% of Ethnic Origin

%



A market for a wide range of housing options, including housing for multi-generational households

- Recent immigrant seniors are less likely to live alone
- Ethnic groups have various settlement patterns and housing preferences

South American	0.6%	0.4%	0.2%
European	28.2%	31.0%	30.8%
African	0.6%	0.5%	0.3%
Arab**	0.8%	0.7%	0.5%
West Asian***	0.6%	0.6%	0.4%
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## **Trends: Staying in Communities or Moving**

Mobility (Changed Place of Residence in Last Five Years) of Selected Age Groups, Canada, Provinces, 2006

Location	% of Movers (all ages*)	% of Movers in 55-64 Age Range	% of Movers in 65-74 Age Range	% of Movers in 75+ Age Range
Newfoundland and Labrador	27.9%	14.7%	12.1%	12.8%
Prince Edward Island	32.3%	21.7%	16.5%	17.3%
Nova Scotia	33.2%	18.6%	16.1%	14.0%
New Brunswick	32.5%	18.3%	14.7%	14.5%
Quebec	38.1%	23.0%	18.2%	14.5%
Ontario	41.3%	25.3%	21.3%	18.6%
Manitoba	36.6%	20.5%	16.9%	18.8%
Saskatchewan	36.1%	19.9%	17.0%	19.4%
Alberta	47.8%	28.1%	22.4%	24.0%
British Columbia	46.6%	32.9%	27.6%	23.6%
Yukon	44.9%	27.9%	22.7%	22.4%
Northwest Territories	49.8%	31.9%	20.9%	18.9%
Nunavut	42.2%	34.8%	25.9%	**
Canada	40.9%	25.1%	20.7%	19.5%

Source: Statistics Canada, 2006 Census of Population, Statistics Canada Catalogue no. 97-556-XCB2006017 \*Includes seniors and non-seniors.

## Trends: Staying in Communities or Moving

Mobility (Changed Place of Residence in Last Five Years) of Selected Age Groups, Canada, Provinces, 2006



#### Older Canadians need a range of housing options to accommodate their diverse lifestyles

Manitoba	36.6%	20.5%	16.9%	18.8%
Saskatchewan	36.1%	19.9%	17.0%	19.4%
Alberta	47.8%	28.1%	22.4%	24.0%
British Columbia	46.6%	32.9%	27.6%	23.6%
Yukon	44.9%	27.9%	22.7%	22.4%
Northwest Territories	49.8%	31.9%	20.9%	18.9%
Nunavut	42.2%	34.8%	25.9%	**
Canada	40.9%	25.1%	20.7%	19.5%

Source: Statistics Canada, 2006 Census of Population, Statistics Canada Catalogue no. 97-556-XCB2006017 \*Includes seniors and non-seniors.

#### The Challenge



- Seniors today are a diverse group and a moving target
- Seniors housing market is becoming increasingly diverse responses have to be more flexible and varied
- While this generation of seniors are wealthier than in the past, current economic downturn leaves some seniors with affordability challenges
- More options needed, including at the affordable end
- "Aging in place" can incorporate many approaches

## Aging in Place

#### "Aging in Place" can have several meanings:

- Staying in the same home they have occupied for years when they raised their family
- Staying in same community but in unit more suited to changing needs
- Living independently in supportive housing



**Basically – any alternative to long-term care facility** 

### **Continuum of Options**

### Continuum of options available for seniors:



## Adaptable Rental Housing Models

- Adaptable rental housing models key to flexibility needed to support aging in place:
  - Flexhousing
  - Secondary suites





## FlexHousing™

#### Definition

Building concept that allows people to easily adapt their home to meet future needs and lifestyles

#### Based on 3 A's

Adaptability Accessibility Affordability



#### **FlexHousing**<sup>™</sup>

#### **FlexHousing**<sup>™</sup>

Richmond B.C FlexHouse<sup>TM</sup> project: House can be converted from a four-bedroom family home to a duplex or a set of rental suites



### What are Secondary Suites?

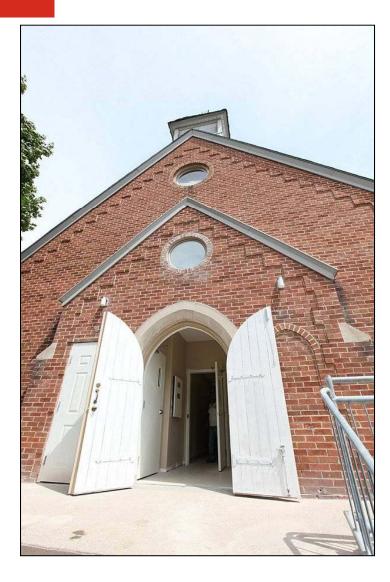
- self-contained dwelling units
- kitchen
- sanitary facilities
- bedroom(s)/sleeping area
- Sometimes have a separate entrance





#### McKenzie Heights - Pembroke, Ontario

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#### Dalhousie Church Lofts Brantford, Ontario



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Legion Terrace- Acton, Ontario



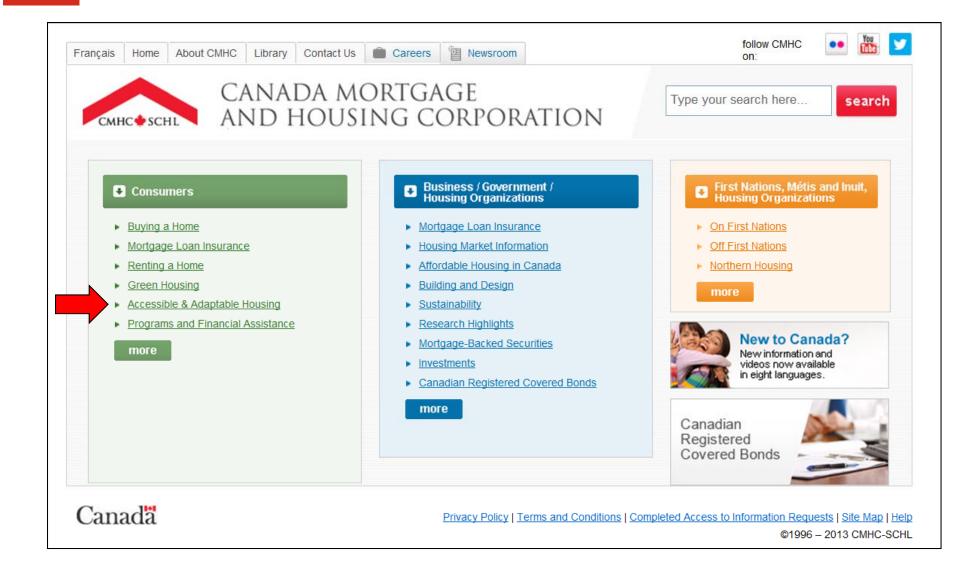
#### Dr. FM Walker's Veteran and Seniors Villa -Alliston, Ontario

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## Where to Find Resources

	MORTGAGE	Type your search here
Consumers	<ul> <li>Business / Government / Housing Organizations</li> </ul>	<ul> <li>First Nations, Métis and Inuit, Housing Organizations</li> </ul>
Buying a Home	Mortgage Loan Insurance	On First Nations
Mortgage Loan Insurance	Housing Market Information	Off First Nations
Renting a Home	Affordable Housing in Canada	Northern Housing
<ul> <li><u>Green Housing</u></li> </ul>	Building and Design	more
Accessible & Adaptable Housing	Sustainability	
Programs and Financial Assistance	Research Highlights	
more	Mortgage-Backed Securities	New to Canada? New information and
	► <u>Investments</u>	videos now available in eight languages.
	<u>Canadian Registered Covered Bonds</u>	
	more	Canadian Registered Covered Bonds

#### Where to Find Resources



#### Where to Find Resources



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- Accessible and Adaptable Housing
- Programs and Financial Assistance



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- Kitchens
- Appliances
- Exterior Spaces

Accessible Design

House Designs and Floor Plans

#### Aging at Home

- At Home With Alzheimer's
- Preventing Falls on Stairs
- Garden Suites

#### Accessible & Adaptable Housing

CMHC provides information that you and your caregiver can use to make your housing accessible. Fact sheets, check lists and guides show you ways to adapt your home to meet your changing needs.

#### Ramps

- Lifts and Residential Elevators
- Residential Hoists and Ceiling Lifts
- Fire Safety for You and Your Home
- Home Automation
- Maintaining Seniors' Independence: A Guide to Home Adaptations



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