## YOU CAN HELP STOP THE SPREAD OF COVID-19



Practice physical distancing as much as possible



Wear a face mask or covering



Don't share your things, including your mask



Cough or sneeze into your sleeve or a tissue



Stay home when you're sick



Tell a teacher when you don't feel well



Don't touch your eyes, nose and mouth with unwashed hands



Wash your hands a lot with soap and water

Stay COVID-smart!
Do your part to stop
the spread!

