RENEWING OUR PLAN FOR SENIORS

PUBLIC OPEN HOUSE WEDNESDAY, JANUARY 5, 2022



LAND ACKNOWLEDGEMENT

We acknowledge the land we are meeting on today is the traditional territory of many First Nations, including the Chippewas of Georgina Island and the Mississaugas of the Credit. These lands are now home to many diverse Indigenous peoples. We also acknowledge that York Region falls under Treaty 13 with the Mississaugas of the Credit and the Williams Treaties with several Mississauga and Chippewas First Nations.

We also acknowledge all Treaty peoples – including those who came here as settlers – as migrants either in this generation or in generations past - and those who came here involuntarily. Today, we pay tribute to our ancestors of all origins and descent. For you Ancestors, we do this work and we acknowledge the legacy of those who are no longer with us.

INFORMATION ABOUT THE OPEN HOUSE

- york.ca/PlanForSeniors
- Video Recording
- Closed Captioning
- Q&A and use of chat
- Open and Respectful
 Dialogue



AGENDA

- 1. Welcome and introductions
- 2. History of the York Region Seniors Strategy
- 3. Renewing our Plan for Seniors
- 4. Online Survey
- 5. Q&A

YORK REGION PANELISTS

Lisa Gonsalves, General Manager, Paramedic and Seniors Services and co-chair of the Seniors Strategy Core Team

Julie Casaert, Director, Senior Services

Judy Coultes-MacLeod, Senior Policy Analyst, Paramedic and Seniors Services and member of the Seniors Strategy Project Team

Kevin Nugent, Senior Policy Analyst, Paramedic and Seniors Services and member of the Seniors Strategy Project Team

WHY ARE WE HERE TODAY?



Share the direction for the Seniors Strategy Refresh



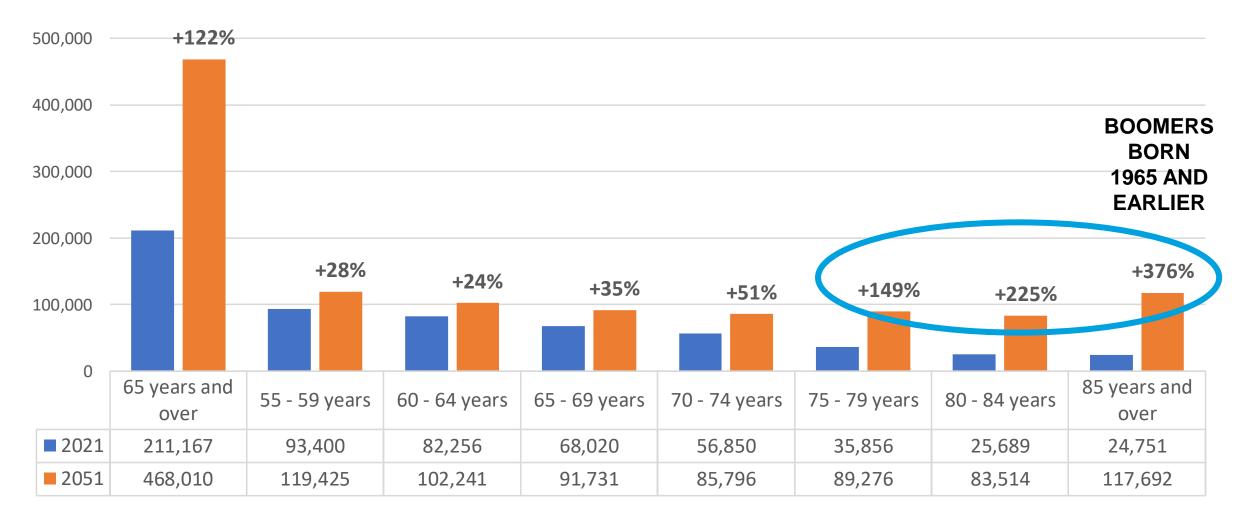
Promote the online survey



Answer your questions

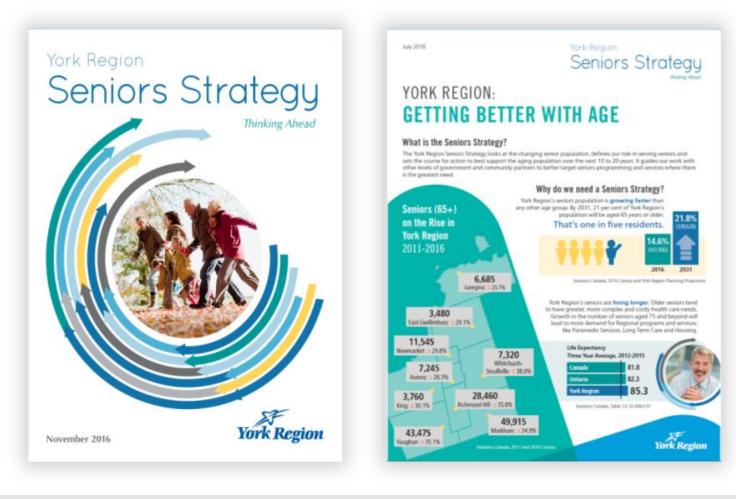
HISTORY OF THE YORK REGION SENIORS STRATEGY

YORK REGION SENIORS POPULATION GROWTH 2021 TO 2051



Source: York Region, Corporate Services, Planning and Economic Development Branch, Preliminary York Region and Local Municipality Population Forecast (pending approval with the new Regional Official Plan).

SUPPORTING SENIORS TO AGE IN PLACE



For more information, visit york.ca/SeniorsStrategy

DIRECTION SET OUT IN THE SENIORS STRATEGY









Balance the needs of seniors with all residents Keep seniors healthier, longer

Support age friendly complete communities Connect seniors/caregivers to the right programs and services at the right times

For more information, visit york.ca/SeniorsStrategy

RENEWING OUR PLAN FOR SENIORS

DIRECTION FOR THE SENIORS STRATEGY REFRESH

RESULT AREA	FOCUS AREA
Keeping Seniors Healthier, Longer	To understand health literacy, self-care and communication needs of seniors to live well and age in the community
Supporting Age Friendly Complete Communities	To better integrate services
Connecting Seniors/Caregivers to the Right Programs and Services at Right Times	To continue to improve system navigation
Strategic Change Management for Seniors	To better organize, coordinate and plan the overall system
Pandemic Considerations	Reintegration of or new normal for seniors

COMMUNITY ENGAGEMENT ACTIVITIES AND TIMELINES

Feedback from seniors, caregivers and community partners will shape the **Seniors Strategy Refresh and Two-Year Action Plan**



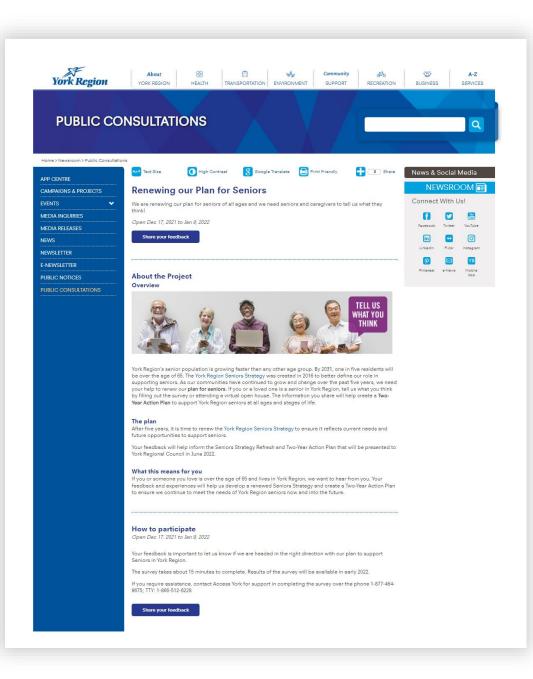
ONLINE SURVEY

ABOUT THE SURVEY

York Region, in partnership with Ipsos, is **hosting an online survey about the Senior Strategy Refresh**, so that you can have your say on the issues and topics that we just presented to you.

Survey is open now through Sunday, January 9, 2022

Visit york.ca/PlanForSeniors



WHO WE WANT TO HEAR FROM

Seniors and Pre-seniors (aged 55+) who live in York Region

Caregivers

who live anywhere, who care for seniors (65+) in York Region either remotely, or in-person We would especially like to encourage responses from **vulnerable communities**. This may include:

- Low-income households or individuals
- Persons belonging to a racialized community or a visible minority
- Newcomers, immigrants and/or individuals for whom English is a second language
- Persons experiencing homelessness
- Those who identify as having a disability or experience accessibility issues when accessing services

WHAT WE ARE ASKING SENIORS

In the Seniors Survey, we will be asking you about:

Information about Programs and Services for Seniors

- How easy is it to find the information you need
- What would make the information easier to understand
- What are the sources of information you trust
- What barriers might you be facing in accessing programs and services
- What types of programs and services you are interested in receiving

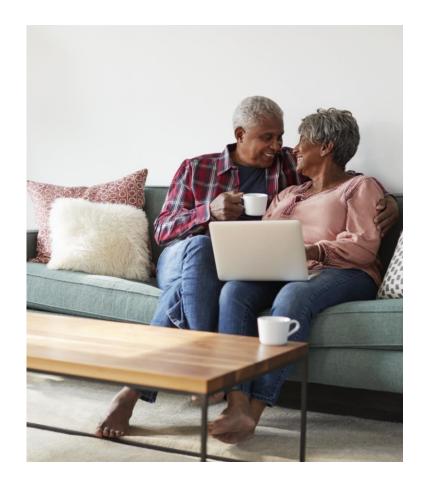


WHAT WE ARE ASKING SENIORS

In the Seniors Survey, we will be asking you about:

Housing and Health

- Your current living situation and housing arrangements
- Your future plans on where you would like to live as you age
- Your current health status including mental health, and level of stress
- Experiences during the COVID-19 pandemic

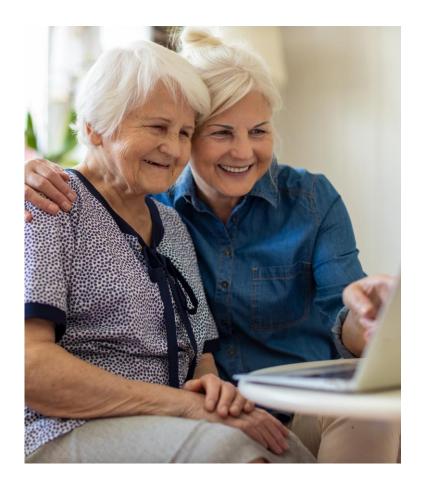


WHAT WE ARE ASKING CAREGIVERS

In the Caregivers Survey, we will be asking you about:

Your Role as a Caregiver

- How much time you spend caring for the senior
- The types of supports you provide for the senior
- The supports you have and need to care for the senior, including those that would help them age in place
- Your access to and needs for programs and services for your role as a caregiver

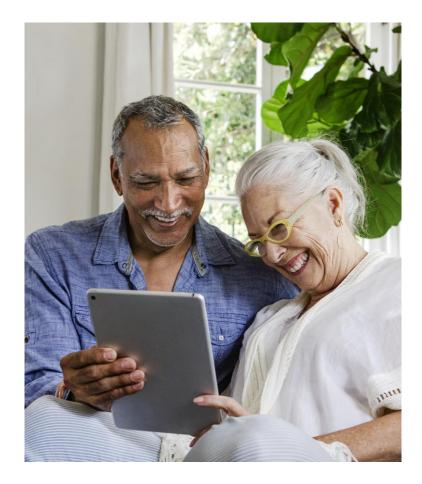


WHAT WE ARE ASKING CAREGIVERS

In the Caregivers Survey, we will be asking you about:

Information about Programs and Services

- Trusted sources of information
- How easy/difficult it is to find information, and for which programs and services
- Barriers to providing care
- Experiences during the COVID-19 pandemic



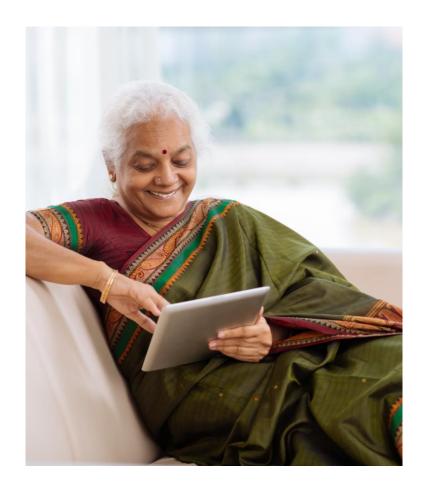
YOUR PRIVACY

When you fill out the survey, your privacy is protected.

For both surveys, we'll be asking for some information about you, such as:

- Your age and employment status
- Your cultural and gender identity

We are collecting this information to make sure we are hearing from a range of seniors and caregivers. **All responses are confidential.**



RESULTS WILL BE USED TO INFORM



Actions York Region will be taking in the next two years, to improve program and service delivery



Advocacy that York Region will engage in, with the provincial or federal government, on items that we can't change ourselves



Setting timelines and goals to help achieve these objectives

THANK YOU

Campaign Page: Renewing York Region's Plan for Seniors york.ca/PlanForSeniors

Access York: For information about York Region programs and services call Access York at 1-877-464-9675 1-866-512-6228 (TTY) accessyork@york.ca

211: Website: <u>211central.ca</u> Call: 2-1-1 Toll-free: 1-877-330-3213

York Region Seniors Strategy Email SeniorsStrategy@york.ca

