

HOW IS YOUR CHILD GROWING AND DEVELOPING?

Your kindergarten's growth and development is important to their success in school. Track your child's growth and development by completing the **Looksee Checklist by ndds**. It is a simple checklist to help you find out if your child is developing as expected.

The 'yes/no' questions measure your child's abilities in a number of key areas. There are also suggested activities to prepare your child for the next stage of development. If one or more 'no' responses are marked, talk to a health care provider or child care professional about your concerns. Early identification and intervention will increase your child's ability to reach their full potential.



The 13 stages of the Looksee Checklist, from one month to six years of age, are available free of charge to all Ontario residents in English and numerous other languages.

To access them or to order multiple checklists, please visit <https://www.lookseechecklist.com/>.

Parents can also register their child electronically through the website to receive email reminders when it's time to do the next checklist.

This material has been provided by York Region Public Health. For more information on growth and development, visit www.york.ca/earlyyears or contact York Region Health Connection at 1-800-361-5653 or email ChildFamily@york.ca to speak with a public health nurse who will provide ongoing support and share tips, resources and information.

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