

GET INVOLVED IN HEALTHY SCHOOLS

A healthy school climate has a positive impact on overall well-being and is essential for students to reach their full potential. This can be accomplished by using the Healthy Schools approach, which engages the whole school community.

Healthy schools encourage and teach children to make healthy choices. The Healthy Schools Program gives students opportunities to see and learn healthy attitudes and behaviours in the classroom, in the school and throughout the school community.



Ask your school administrator, teacher or school council member about the Healthy Schools Program and how to get involved in enhancing student learning and well-being.

This material is provided by York Region Public Health. For more information or resources on Healthy Schools, please visit york.ca/healthyschools

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