



## Positive Early Childhood Education

Powered by Triple P

# Personal PECE — Online PECE for Educators

The Positive Early Childhood Education (PECE) Program is an interactive, online professional learning program aligned with the world-renowned Triple P – Positive Parenting Program®. The PECE program seeks to enhance the skills of early childhood educators, offering tools to increase your positive impact on the development of children in your care; ultimately promoting children’s social competence and self-control, academic performance, and enhancing educator-child relationships as well as your communication with colleagues and parents.

PECE will introduce you to 22 positive early childhood education skills – strategies to build children’s social and emotional skills, help them develop a positive approach to learning, and learn new ways to behave. It’s designed for early childhood education and care settings (including those who also provide before- and after-school and vacation care for school-aged children).

Once you have your personal login details, you can complete the online program on a computer, tablet or mobile device, at your own pace.

## Modules

Ideally, you would complete a module each week for 4 weeks. Each module takes approximately 1 hour, but you can spend as much time as you like. Your access is valid for 12 months after activation, so you can access and revisit the modules at any time.

Professor Matt Sanders introduces and reviews the content of each module. Every module ends with a “get active” section, asking you to think of realistic goals for the week ahead, and there are homework tasks to consolidate learning and encourage you to start putting into practice your new skills before the next session.

- **Module 1** – What is Positive Early Childhood Education? (introduces the principles, and common traps)
- **Module 2** – Building children’s social and emotional skills (introduces 7 strategies and how to make an effective plan to use them)
- **Module 3** – Developing a positive approach to learning (introduces 7 more strategies)
- **Module 4** – Helping children learn new ways to behave (introduces the 8 remaining strategies, and helps you set goals for your practice sessions – with coach or peer)



## Interactive learning

Each module contains brief video clips demonstrating positive early childhood education strategies, followed by an activity (eg. checklist, rating scale, multiple choice quiz) or “think about” activity to reinforce the strategy after viewing the clip. This enhances your ability to implement the strategies in your own day-to-day work.

## User-friendly navigation

You navigate through the core content by clicking on the “next” and “back” buttons. Once a module is complete, you can move freely around the module by clicking on the side menu to access particular sections or video clips, edit your answers to activities and access resources. Navigation is sequential so will “open up” as you proceed through the program.

## Downloadable resources

A text summary of the video content and your responses to each activity can be easily downloaded to create your personal workbook for each module. Many activities also include downloadable worksheets to support your practice of positive early childhood education strategies, and you’re encouraged to save and review these resources as you continue to review and refine your skills.

## Technical notes

- You’ll need a broadband internet connection.
- Please enable pop-ups from the website to view the PDF files.
- You’ll also need Adobe Acrobat Reader 5 (a free download from the Adobe website).

### What other educators say:

*“The fact that you can do it on your own time and really go back and review it, and then implement it and have the coaching; it just really puts it all together.”*

*“I really like the videos because... they explained so much and... were (real) scenarios. It was not hard language; it was straight to the point.”*

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