

YOUR CHILD PRESENTED WITH SYMPTOMS AT

, 2022

Dear Parent(s)/Guardian(s) of Student(s) Attending

:

Your child became sick while at school. As recommended by guidance from the Ontario Ministry of Health and York Region Public Health, parents or guardians are contacted to bring their child home from _____ when they become unwell during the day.

While your child is sick, they should stay home (self-isolate) and not attend school until they do not have a fever and their symptoms have been improving for 24 hours (48 hours if they have nausea, vomiting and/or diarrhea).

Rapid antigen tests continue to be available for free at pharmacies and grocery stores and may be used to test for COVID-19 infection in people with symptoms.

- As a reminder, a single negative rapid antigen test in a person with symptoms does not mean they do not have COVID-19
- It is recommended people with COVID-19 symptoms complete two tests, 24 to 48 hours apart, if their first test is negative

Returning to school or child care

- It is recommended that you complete the school and child care screening tool daily before going to school or child care.
- If your child is recovering from a COVID-19 infection, they should mask for 10 days from symptom start date or test date (whichever is earlier). Your child should also:
 - avoid non-essential activities where they would need to take off their mask (for example, playing a wind instrument in music class or removing their mask for sports or dining out)
 - avoid visiting anyone who is immunocompromised or may be at higher risk of becoming seriously sick (for example, seniors) avoid non-essential visits to highest risk settings such as hospitals and long-term care homes

PUBLIC HEALTH

1-877-464-9675

TTY 1-866-512-6228

york.ca/COVID19



Siblings or other people you live with

For 10 days after their last exposure to the person with COVID-19 symptoms, household members should:

- self-monitor for symptoms. They should stay home (self-isolate) immediately if they develop any symptom of COVID-19 and seek testing if eligible
- wear a well-fitted mask in all public settings (including school and child care)
- avoid non-essential activities where they need to take off their mask (for example, playing a wind instrument in music class or removing their mask for sports or dining out)
- avoid non-essential visits to anyone who is immunocompromised or who may be at higher risk of becoming seriously sick (for example, seniors)
- avoid non-essential visits to highest risk settings such as hospitals and long-term care homes

Clean hands and covering your coughs/sneezes

Proper handwashing with soap and water (or using hand sanitizer when soap and water are not available) is an important part of keeping ourselves and our community healthy. Coughing and sneezing with a mask on, into a tissue or your sleeve helps keep hands clean and prevents the spread of germs. Always wash your hands often and well.

Helpful york.ca Links

Visit york.ca/SafeAtSchool for more information and resources on COVID-19. For additional infection prevention and control information and resources, visit york.ca/InfectionPrevention or call Access York at 1-877-464-9675, Monday to Friday, 8:30 a.m. to 4:30 p.m.