HAS YOUR CHILD'S VISION BEEN CHECKED? DETECT AND CORRECT VISION PROBLEMS EARLY!

Did you know 80 per cent of a child's learning during their first 12 years is visually based? Children will rarely complain about problems with their vision, but if left untreated, vision issues can lead to problems in school and at play.

Comprehensive eye exams with an optometrist are the only way to tell if your child's eyes are developing properly. <u>The Ontario Association of Optometrists</u> recommends all children have their first eye exam at 6 months old, again at 2-3 years old and every year after. Kindergarten is an ideal time as early detection of eye problems is very important for early treatment.

If you have a child who was born in 2017 or 2018 and in junior or senior kindergarten, they may be eligible to receive one pair of FREE eyeglasses through the Eye See... Eye Learn Program. To learn more or find a participating optometrist visit Eye Cearn® Program, Ontario Association of Optometrists.

In Ontario, yearly eye exams for children are covered by OHIP until they turn 20 years old. It's never too late to get your child's vision checked! See your doctor or book an eye exam today at FindAnEyeDoctor.ca

For more information, please visit york.ca/healthyeyes



Public Health

1-877-464-9675 TTY 1-866-512-6228 york.ca/healthyschools

