

# What happens during a visit with your Early Interventionist?

During a visit with your Early Interventionist (EI), you will receive coaching to help you interact with your child and strengthen your skills in supporting their learning and development.



## Previous Joint Plan

At the start of each visit, you and your EI will talk about your child's participation in daily routines that you focused on since the last visit - what you tried that did or didn't work, and you will talk about what you want to focus on during today's visit - this could be what was decided at the previous visit or something new that has come up.

## Observation

Your EI joins in what you and your child are already doing when they arrive, or you may begin an activity you have chosen to focus on during this visit. Your EI will observe you and your child playing and interacting during your "real life" daily routines and activities. During this time, your EI may suggest new strategies for you to try.

## Practice

Your EI helps you practice new ways to help your child meet their goals and you talk about how to include the strategies in your daily routines. Between visits, you can put into action, strategies you come up with together.

## Reflection and Feedback

You and your EI will reflect on the activities and strategies practiced during the visit – what went well, what could be improved and share ideas about other options to try, to help you figure out what strategies will work best within your day-to-day life and help your child meet their goals.

## Joint Planning

At the end of the visit, you and your EI create a plan for what to try between visits, including any necessary resources, materials, or additional support. Together, you decide on the goal, routine or activity, date, time, and location for your next visit.

NOTE: If there were any prior actions related to resources, programs, services, and support for your child and family, you and your EI can decide how and when to address them – before or after coaching at the next visit, in a follow-up phone call, or by email.

\*adapted from Infant & Toddler Connection of Virginia: What to expect during an early intervention visit

To learn more about York Region, Infant and Child Development Services visit our website at [york.ca/specialneeds](http://york.ca/specialneeds)

The logo for York Region, featuring a stylized bird or wing shape above the text "York Region".