

# Struggling with difficult situations? We can help.



## Social Work Program for Housing York Inc. Residents

York Region offers social work supports for residents living in Housing York Inc. communities.



**Social Workers take a client-centred, collaborative and goal focused approach to support individuals and households dealing with complex situations, such as:**

- Encouraging stable tenancies and supporting a sense of belonging
- Managing family dynamics
- Adjusting to life changes, grief or bereavement
- Planning for the future and creating advanced care plans
- Preventing eviction
- Managing hoarding and clutter
- Advocating for client needs, including for physical and mental health supports

### Family Support Workers can also help with:

- Setting short and long-term goals
- Supportive counselling
- System navigation to help connect with community resources or programs
- Referrals to supportive programs and advocacy for the client's needs

**Anyone experiencing a mental health crisis should call  
1-855-310-COPE (2673).**

People with severe primary mental health diagnosis may be better served by a mental health case manager or healthcare provider.

**To learn more about the program, please contact the Intake Representative at:**

CISS.Intake@york.ca or 1-877-464-9675 ext. 73433

## REFERRALS

If you feel you would benefit from social work support services, please complete the [Community Support Services Intake Form](#)