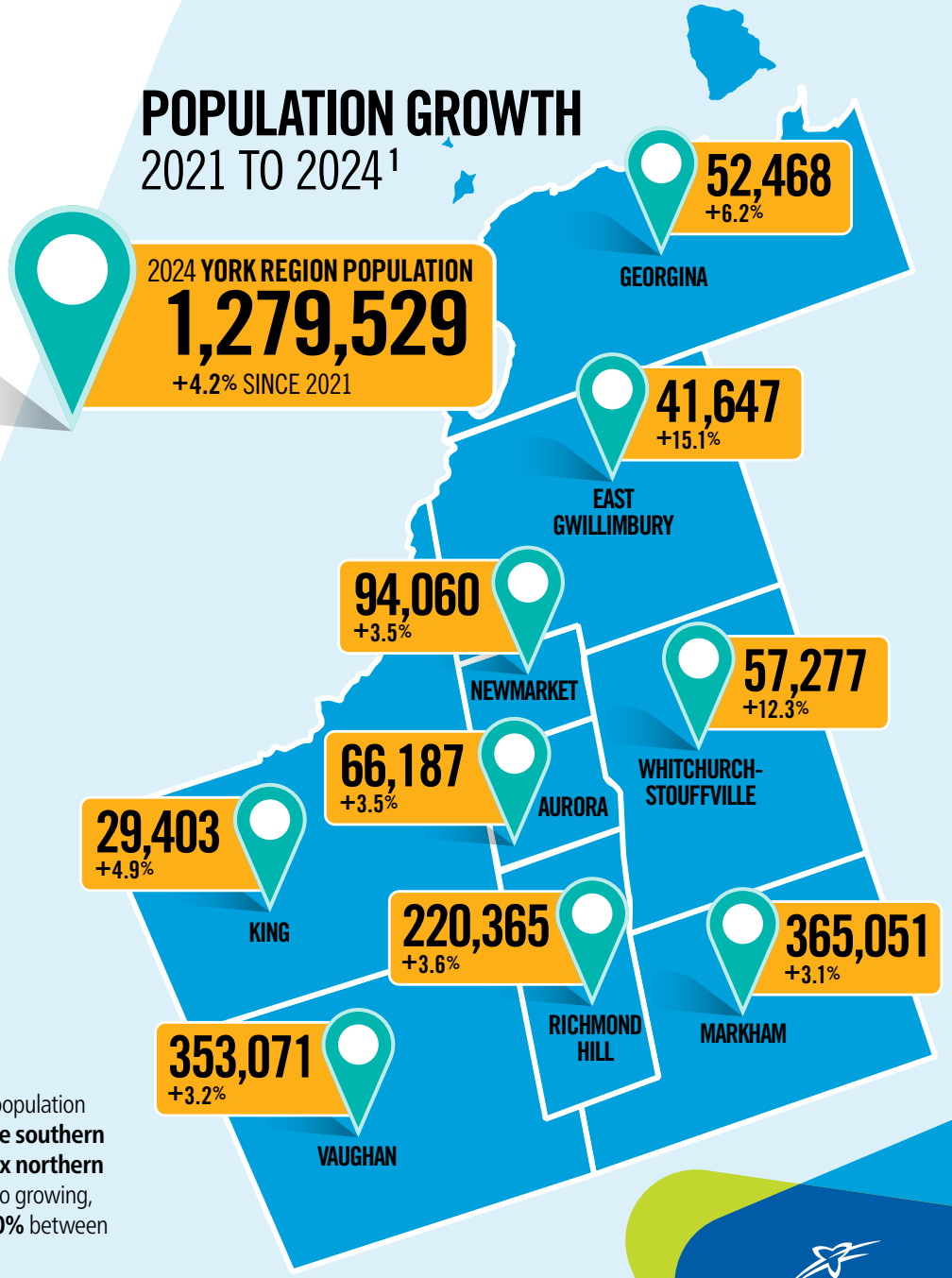
YORK REGION HEALTH AND WELL-BEING REVIEW

2024 Bulletin: Growing, Aging and Diversifying Population

Understanding population and demographic shifts in York Region is critical for effective planning, policy development and advocacy, especially when focusing on poverty reduction and housing stabilization.

This Bulletin presents key data and trends from the ***2024 York Region Health and Well-Being Review*** and beyond, highlighting how the Region's population is growing, aging and diversifying. These changes are shaping local needs, service demands and community priorities.

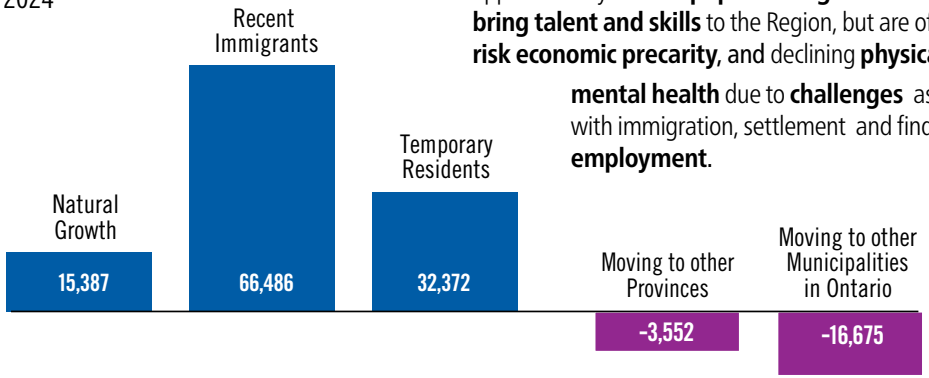


73% of York Region's population resides within the **three southern municipalities**. The **six northern municipalities** are also growing, with an **increase of 10%** between **2021** and **2024.**

York Region

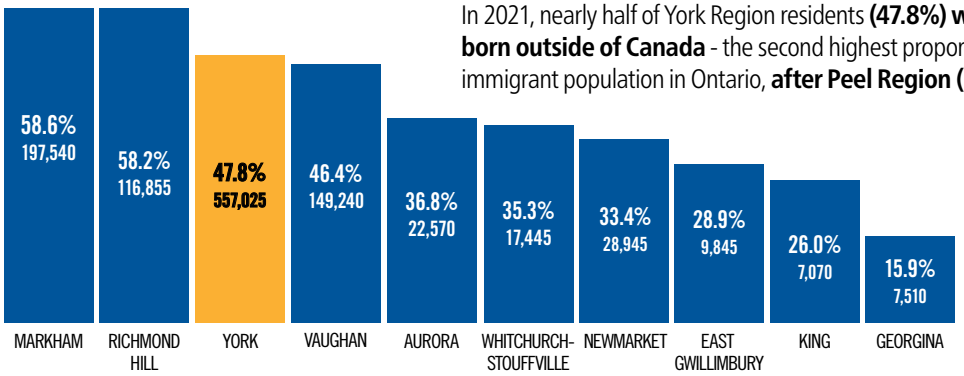
Growing

YORK REGION POPULATION GROWTH AND CHANGE 2019 TO 2024[2]



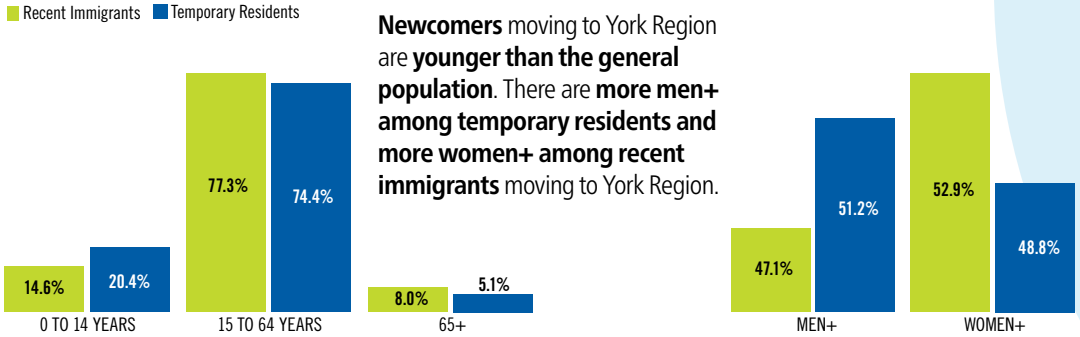
Newcomers drive population growth in York Region. From **2019** to **2024**, over **66,000 recent immigrants** moved to York Region, representing approximately **71% of population growth. Newcomers bring talent and skills** to the Region, but are often at **risk economic precarity,** and declining **physical and mental health** due to **challenges** associated with immigration, settlement and finding **employment**.

IMMIGRANTS IN YORK REGION 2021[4]



In 2021, nearly half of York Region residents **(47.8%) were born outside of Canada** - the second highest proportion of immigrant population in Ontario, **after Peel Region (51.8%).**

AGE AND GENDER OF NEWCOMERS TO CANADA 2019 TO 2024[6]

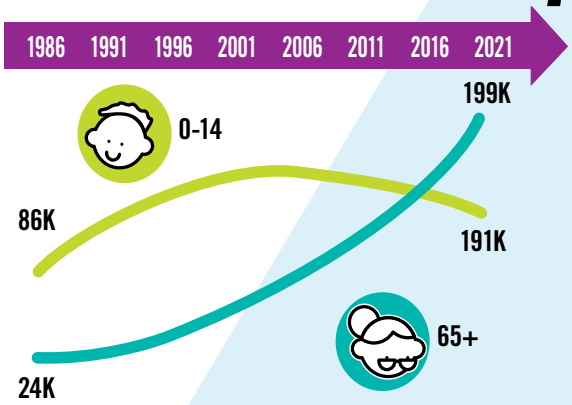


Newcomers moving to York Region are **younger than the general population**. There are **more men+ among temporary residents and more women+ among recent immigrants** moving to York Region.

Definition: Men+ includes men, boys amd non-binary persons: Women+ includes women, girls and non-binary persons.

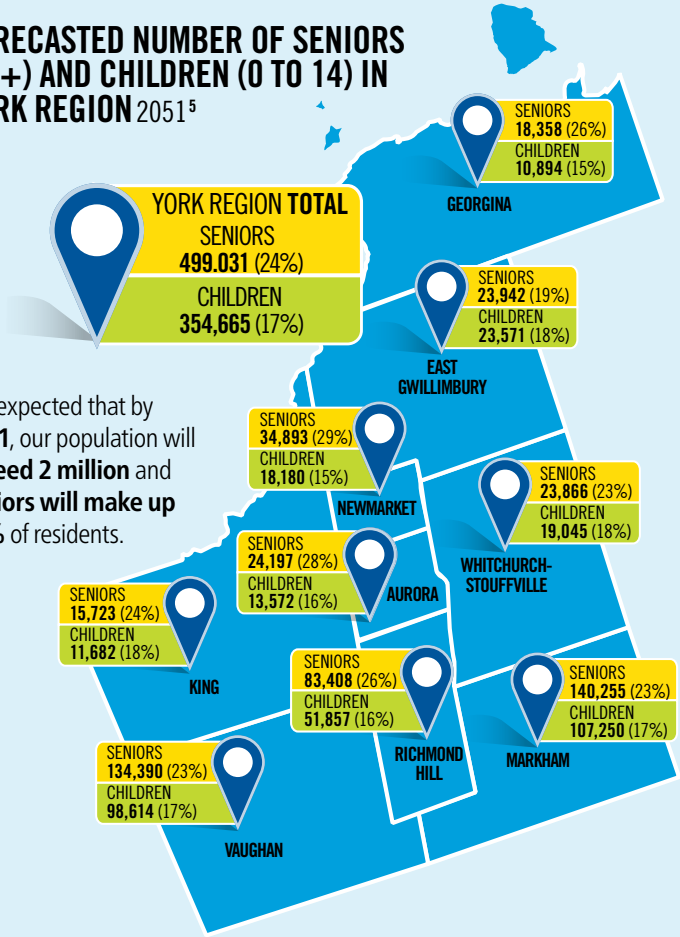
Aging

SENIORS (65+) AND CHILDREN (0 TO 14) IN YORK REGION 1986 TO 2021[3]



While there are now more **seniors over 65 than children 14 and under** living in York Region, as our communities will continue to **grow and change**, we must think about how we serve residents at **every age and stage of life.**

FORECASTED NUMBER OF SENIORS (65+) AND CHILDREN (0 TO 14) IN YORK REGION 2051[5]



It is expected that by **2051**, our population will **exceed 2 million** and **seniors will make up 24%** of residents.

Diversifying

There are **more than 120 spoken languages** and **230 distinct ethnic origins** in York Region, **enhancing cultural responsiveness is essential to establishing inclusive services** that meet **diversive needs.**

TOP NON-OFFICIAL LANGUAGES SPOKEN BY SENIORS (65+) AND CHILDREN (0 TO 14 YEARS) 2021[7]



65+ years

1. Yue (Cantonese) 26,800
2. Italian 12,265
3. Mandarin 10,110
4. Russian 5,375
5. Tamil 3,050

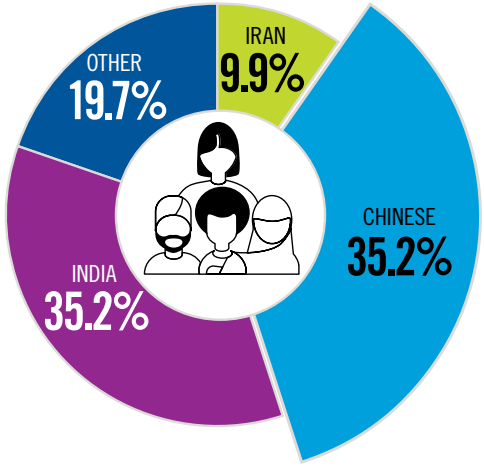


0 to 14 years

1. Mandarin 10,800
2. Yue (Cantonese) 5,475
3. Russian 2,935
4. Tamil 1,430
5. Urdu 1,355

Overall, **30.8%** of York Region's **population speak a non-official language** most often at home. Of those, **almost half (48.6%) speak a Chinese language.**

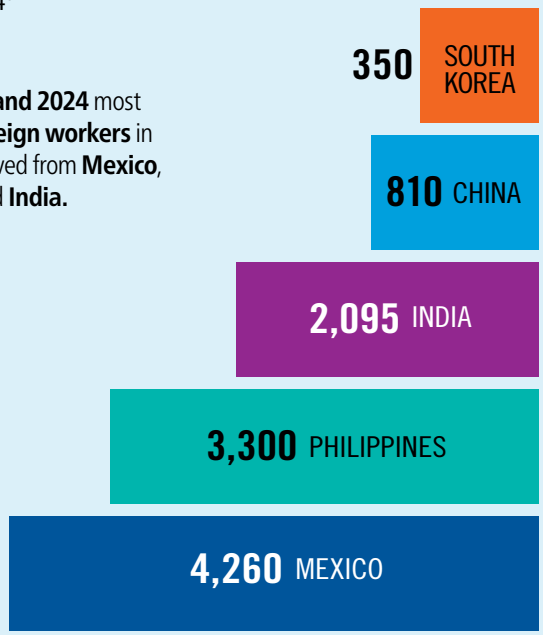
TOP THREE RACIALIZED GROUPS IN YORK REGION AS PERCENT OF THE TOTAL POPULATION 2021[8]



The **2021 Census** indicated **Markham** had the **highest proportion of racialized population** in Canada with **82.1%** of residents belonging to a visible minority group.

COUNTRY OF CITIZENSHIP OF TEMPORARY FOREIGN WORKERS IN YORK REGION 2019 TO 2024[9]

Between **2019 and 2024** most **temporary foreign workers** in York Region arrived from **Mexico**, **Philippines** and **India.**



TOP FIVE COUNTRIES OF ORIGIN OF RECENT IMMIGRANTS 2021[10]



China 18,805



Iran 5,290



India 5,050



Philippines 2,865



Pakistan 2,100

Of **recent immigrants** in York Region, the largest share **(35.2%) are from China**, followed by **Iran (9.9%)** and **India (9.4%).**

Turn Insights Into Action

Demand for health and social services is increasing in York Region.

The 2024 York Region Health and Well-Being Review highlights population growth and shifting demographics that contribute to complex residents needs and increased service utilization, putting pressure on essential human services.

Collaboration and funding from seniors levels of government is essential.

The Region is one player in the human services system working with partners and funders to ensure the system and funding are responsive to our communities. However, local investments alone cannot meet the increasing demand for services. As service needs continue to grow, additional support and sustained funding from seniors levels of government are critical to ensure communities receive the necessary resources.

DATA SOURCES

1 Population Growth Across Nine Local Municipalities. Source: 2021 Census and York Region, Corporate Services, Planning and Economic Development Services Branch

2 York Region Population Growth From Different Sources. Source: Statistics Canada. January 16, 2025. Components of population change by census division, 2021 boundaries

3 Number of Seniors and Children in York Region. Source: Statistics Canada, 2021 Census

4 Immigrants in York Region by Local Municipality. Source: Statistics Canada, 2021 Census

5 Population Forecast 2051. Source: Statistics Canada, 2021 Census

6 Age and Gender of Recent Immigrants in York Region. Source: Statistics Canada. January 16, 2025. Components of population change by census division, 2021 boundaries

7 Non-Official Languages For Seniors and Children. Source: Statistics Canada, 2021 Census

8 Top Three Racialized Groups in York Region. Source: Statistics Canada, 2021 Census

9 Country of Citizenship of Temporary Foreign Workers. IRCC Permanent Resident Admission Tables 2019 to 2024

10 Top Three Countries of Origin of Recent Immigrants. Source: Statistics Canada, 2021 Census

Access the full **York Region Health and Well-Being Review** and related resources
york.ca/HealthAndWellBeingReview

Accessible formats or communication supports are available upon request.
Please email **CHSDataAndPolicy@york.ca** or call **1-877-464-9675.**

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