

# 2024 YORK REGION HEALTH AND WELL-BEING REVIEW



## Emerging Trends in York Region:

- **Growing, aging and diversifying population:** Newcomers to Canada drive over 70% of population growth and there are more seniors over 65 than children under 14
- **Low-income:** Over 18% of residents are living below the low-income threshold of \$25,418 for a single person and \$50,836 for a family of four
- **Housing affordability:** Over a quarter of homeowners (26.9%) and just under half of renters (46.7%) spent 30% or more of their monthly income on shelter costs
- **Food insecurity:** Almost 1 in 5 households experienced food insecurity
- **Homelessness:** 2,525 people known to be experiencing homelessness in 2024, up from 1,402 in 2019

# Get involved today!

**Access the 2024 York Region Health and Well-Being Review and related resources to:**

- Learn about the impact of Regional programs and services
- Raise awareness of local needs
- Support strategic planning and service alignment
- Develop collaborative and innovative solutions
- Amplify key messages and drive collective action

Access the full  
**2024 York Region Health  
and Well-Being Review.**

[York.ca/HealthandWellbeingReview](http://York.ca/HealthandWellbeingReview)