

Do you have questions about how your child is growing and expressing their feelings?

Newborns, infants, and toddlers

How can I bond with my child?

How can I help my child sleep?

Why doesn't my child make eye contact?

My baby is not eating well, what can I do to help?

CONNECT WITH US!

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- Community Action Program for Children
- EarlyON / ON y va Child and Family Centres
- Public Health (HBHC/Health Connections)
- York Hills Centre for Infants, Children, Youth and Families

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Infant and Early Mental
Health Promotion

SickKids®


York Region

Do you have questions about how your child is growing and managing their feelings?

Newborns up to 6 years of age

Why is my child so quiet?

How can I help my child sleep?

How can I encourage my child to talk?

What can I do if my child is hitting or kicking?

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Do you have questions about how your child is growing and expressing their feelings?

School-aged children up to 6 years of age

What can I do if my child is hitting or kicking?

How can I help my child sleep?

How can I help my child express their emotions?

How can I encourage my child to talk?



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