

Employee Vending Machine Survey

The purpose of this survey is to gather information about current vending machine usage and find out your preferences for healthier food and beverage choices in the machines. Your responses will help identify which foods to keep and/or to add to the current choices available. Please take a few minutes to complete the survey. Your input is valuable and will help support a healthy workplace environment. Responses will be confidential.

- 1. How many times per week do you buy food and/or beverages snacks from the vending machines at work?
 - □ 1-2 times per week
 - □ 3-4 times per week
 - □ More than 5 times per week
- 2. When making a choice at the vending machine, how important is (please rate):

	Not At All Important	Somewhat Important	Very Important
Price			
Taste			
How "healthy" a snack is			
Value for my money			

- 3. I would like healthier options in the food and beverage vending machines at work
 - □ Strongly disagree
 - □ Disagree
 - □ Neutral
 - □ Agree
 - □ Strongly agree
- 4. If healthier food and beverage choices were made available to you, would you use the vending machines more often?
 - □ Yes
 - 🗌 No
 - □ Maybe



- 5. Below is a listing of some healthier items that can be added to the vending machines. Please indicate your interest in the following products (check all that apply):
 - □ Baked chips/Doritos/Cheetos
 - □ Baked pita chips
 - □ Cookies (example: Fig Newton's, snack packs)
 - □ Dried fruit or fruit bars
 - □ Nuts (example: almonds, peanuts)
 - □ Seeds (example sunflower, pumpkin)
 - \Box Rice cakes
 - □ 100% juice (example: orange or apple)

- Pretzels
- □ Sun Chips
- □ Cereal bars
- □ Granola bars (example: Fibre 1)
- □ Low-fat microwaveable popcorn
- Pop Chips
- □ Protein/Energy bars

Please list other healthier food/beverage items you would like to see available in the vending machine:

6. List three items you do NOT want removed from the current vending machine:

Additional comments:

Thank you for your feedback.

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