

Routines Based Model



Infant and Child Development Services for Children from Birth to School Entry

Providing early intervention services at home.

York Region's Infant and Child Development Services team uses a Routines-Based Model of service delivery for infants and young children.

WHAT IS ROUTINES-BASED INTERVENTION?

- It is intervention that engages the child as they go about their daily activities and routines
- It supports the child's participation, independence and social relationships
- An Early Interventionist works with the child's parents and caregivers to promote intervention between visits

WHY USE THE MODEL?

- It is a best practice in the field of early intervention
- The child's best "interventionists" are their parents and caregivers who are with the child throughout the day, everyday
- Parents and caregivers learn to make the most of daily learning opportunities
- When interventions are embedded in children's regular routines and activities, skills learned are functional and meaningful
- Parents and caregivers are the main source of support in their child's daily activities and routines

WHAT IS THE ROUTINES-BASED INTERVIEW (RBI)?

- An interview between an Early Interventionist and the child's parents and caregivers that will take place once a year
- The child's independence, participation and social relationships in daily family routines will be discussed
- The family, with the Early Interventionist's support, can then choose the outcomes they would like to work on and prioritize them
- The Early Interventionist works with parents and caregivers to meet those outcomes naturally, through daily routines

WHAT ARE THE BENEFITS?

- Children can practice and reach outcomes naturally, through daily routines
- Professionals join parents and caregivers in solving problems and finding learning opportunities



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york.ca/children
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