TRACK YOUR CHILD'S DEVELOPMENT



Did you know there are screening tools to help you understand where your child is at in their development stage?

Experts recommend using screening tools with children twice a year. Tracking your child's development can help you understand children's development stages and if your child is developing as expected. It can also help prepare you for the next stage of development with suggested activities. Here are some great resources to get you started:

- The <u>Looksee Checklist</u> by ndds is a simple, easy-to-understand development tool to help monitor a child's development from one month to six years of age. You can create an account to download free checklists.
- The <u>Early Referral Identification Kit (ERIK)</u> is a screening tool, which also serves as the referral document to York Region Early Intervention Services.

Learn more about **Child Growth and Development** from birth to five years.

If you're worried about your child's development, York Region can help. Early Intervention Services delivers programs that support children with special needs and their families. Learn more at <u>york.ca/specialneeds</u>

