## COVER COUGHS AND SNEEZES



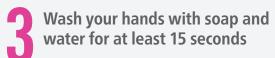
Cough or sneeze into your sleeve,

not your hands. Avoid touching



Cover your mouth and nose with a tissue and put your used tissue in the garbage







**R** Clean hands with alcohol-based hand sanitizer





Stay COVID-smart! Do your part to stop the spread!

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