

COVID-19 SELF-ASSESSMENT

Before entering, please assess yourself.

Do you have any **new or worsening** symptoms of COVID-19?

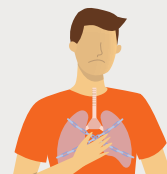
COMMON SYMPTOMS OF COVID-19 INCLUDE:



FEVER
(Temperature of
37.8°C/100.0°F or greater)



COUGH



**SHORTNESS
OF BREATH**
(Dyspnea)

OTHER SYMPTOMS OF COVID-19 CAN INCLUDE:



**SORE THROAT
OR DIFFICULTY
SWALLOWING**



**SMELL
OR TASTE
DISORDER(S)**



**NAUSEA/VOMITING,
DIARRHEA OR
ABDOMINAL PAIN**



**RUNNY NOSE, OR
NASAL CONGESTION**
Unrelated to seasonal
allergies, post nasal drip

In the last 14 days, have you:

- Travelled outside of Canada?
- Had close contact with a confirmed or probable COVID-19 case, and are not fully vaccinated (i.e. 2 doses of approved vaccine, with the last dose administered at least 14 days ago) or only partially vaccinated against COVID-19?
- Been told by a doctor, health care provider or public health you should be isolating at home?

If you said “Yes” to any of the above:

- Do not enter and return home immediately
- Make an appointment to seek assessment and testing as early as possible at a COVID-19 Assessment Centre if you have symptoms or close contact with a confirmed COVID-19 case
- Speak to a health care provider or York Region Public Health for information on when you or your household members can safely return to work/school/child care
- If you have received a COVID-19 vaccine in last 48 hours and have mild headache, fatigue, muscle aches and/or joint pain that only began after vaccination, and no other symptoms are present, you do not need to self-isolate. You must wear a properly fitted mask for the entire time at school/child care/work and the mask may only be removed to consume food or drink and you must remain at least 2 metres away from others when your mask has been removed. If the symptoms worsen and continue past 48 hours, or if you develop other symptoms, leave school/child care/work immediately to self-isolate and seek COVID-19 testing

STAY INFORMED.

york.ca/COVID19
1-800-361-5653

48 Last Updated July 28, 2021


York Region