

CURRICULUM SUPPORT HEALTH RESOURCES FOR ELEMENTARY SCHOOLS: INFECTION PREVENTION AND CONTROL MEASURES

York Region Public Health has put together a list of evidence-based resources related to Infection Prevention and Control (IPAC) Measures to help support elementary school educators with lesson plan ideas for their classrooms.

Grades JK to 8:

Ontario Physical and Health Education Association (OPHEA)

- Grade-by-grade curriculum resources for health and physical education
- Website: ophea.net

Grade 1:

- **Human Development and Sexual Health**
 - Good Hygiene and Travelling Germs – Curriculum Connections: A1.6, D2.5

Grade 2:

- **Practicing Safe Behaviour**
 - Alternative Health Habits - Curriculum Connections: A1.2, A1.6, D1.3, D3.2

Grade 4:

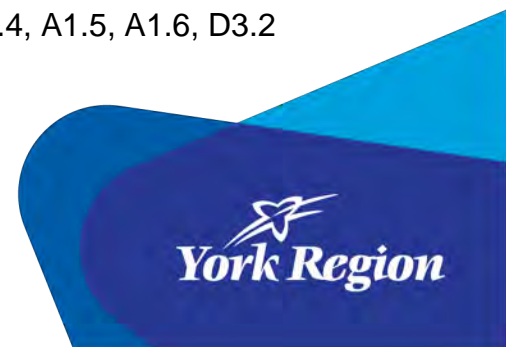
- **Human Development and Sexual Health**
 - Personal Hygiene - Curriculum Connections: A1.1, A1.2, A1.3, D1.5, D2.4
 - Promoting Healthy Hygiene Habits – Curriculum Connections: A1.1, A1.2, A1.3, A1.5, D1.5, D2.4, D2.5

Grade 6:

- **Healthy Decision Making**
 - Preventative measures – Curriculum Connections: A1.4, A1.5, A1.6, D3.2

PUBLIC HEALTH

1-877-464-9675
TTY 1-866-512-6228
york.ca/infectionprevention



York Region Public Health – Handwashing Workshop

- The Handwashing Workshop was created by York Region Public Health for use in schools, which includes a step-by-step guide to assist in the delivery of infection prevention education and handwashing demonstrations by classroom educators
- For access to the workshop and supplementary resources, please see the [Preventing Infections](#) webpage

ADDITIONAL RESOURCES:

➤ Activity Sheets

- [I Promise to Wash My Hands Certificate](#)

➤ Videos

For Grades JK to One:

- [Handwashing for Young Children](#) Produced by: Eastern Ontario Health Unit (3:06)
- [Handwashing with Soap and Water - for Kids](#) Produced by: Wellington-Dufferin-Guelph Health Unit (1:50)
- [Hand Washing for Kids - Get Rid of Germs Learn How to Wash Your Hands \(Billy Gorilly\)](#) Produced by: Independent (3:07)
- [Washy, Washy, Clean](#) Produced by: Health Promotion Board (1:06)

For Grades Two to Three:

- [Hand Hygiene: The Dirt on Germs](#) Produced by: Eastern Ontario Health Unit (3:44)
- [Hand Hygiene: Germy the Germ Gets Washed Away!](#) (3:03)

➤ Posters

- [Hooray for handwashing | French](#)
- [When to wash hands | French](#)
- [Don't Get Germs](#)
- [Cover your cough and sneeze](#)
- [Correct handwashing procedures | English/Italian/Chinese | English/Tamil/Chinese | English/Farsi | English/French | English/Korean | English/Russian](#)
- [Hand Sanitizer Poster](#)
- [How to don and doff your mask](#)

➤ Fact Sheets

- [Chain of Transmission Fact Sheet](#)

